

## 2012 New Hanover Regional Medical Center - Good For You 5k

April 14th, 2012 - Presented by the Employee Fitness Center

A race for employees and their families.

NHRMC Employee Fitness Center - Barclay Commons - Wilmington, NC

Gun Time: 8:30:00 AM - Weather: 54F - Sunny - Winds: Calm

### AGE GROUP STANDINGS AND OVERALL CHAMPIONS

#### Men's Champion

Place	Bib #	Name	Age	Finish	Pace
1	982	RICK O'DONNELL	37	0:19:13	6:12

#### Women's Champion

Place	Bib #	Name	Age	Finish	Pace
1	923	LEANNE JOHNSON	33	0:18:54	6:06

#### Age Group Race Report as of 4/14/2012 1:50:24 PM for Male 14 and under in division 5K

Place	Bib #	Name	Age	Finish	Pace
1	1160	ADDISON TARTT	10	0:26:17	8:29
2	1159	WESLEY TARTT	13	0:26:57	8:42
3	879	SHAUN GIZDIC	11	0:28:15	9:07
4	997	ZAC POLLARD	10	0:29:17	9:27
5	870	JUSTIN FISHER	12	0:30:32	9:51
6	808	AUSTIN BENJAMIN	12	0:37:14	12:01
7	945	CORBIN LENNON	9	0:37:44	12:10
8	1205	ANDREW KAYS	5	0:38:01	12:16
9	1148	TYLER SHADLE	12	0:40:54	13:12
10	998	LUCAS POLLARD	6	0:43:51	14:09
11	1210	BRANTLEY GREENE	5	0:48:02	15:30

#### Age Group Race Report as of 4/14/2012 1:50:24 PM for Male 15-19 in division 5K

Place	Bib #	Name	Age	Finish	Pace
1	921	ALEX JOHNSON	15	0:24:53	8:02
2	974	DYLAN MOSLEY	16	0:45:01	14:31

#### Age Group Race Report as of 4/14/2012 1:50:24 PM for Male 20-24 in division 5K

Place	Bib #	Name	Age	Finish	Pace
1	1211	BRADLEY SISSON	24	0:22:54	7:23

#### Age Group Race Report as of 4/14/2012 1:50:24 PM for Male 25-29 in division 5K

Place	Bib #	Name	Age	Finish	Pace
1	905	JOSEPH HUGHES	26	0:20:11	6:31
2	856	JOHN ELCHERT	25	0:20:25	6:35
3	953	ZECH LUCE	28	0:20:34	6:38
4	939	BRYCE KIOGIMA	26	0:22:51	7:22
5	866	BRIAN ESCARSEGA	26	0:24:09	7:47
6	1139	GRANT RUSH	29	0:25:33	8:15

7	987	MANAV PATEL	26	0:29:07	9:24
8	988	TRAVIS PATRICK	27	0:33:48	10:54

Age Group Race Report as of 4/14/2012 1:50:24 PM for Male 30-34 in division 5K

Place	Bib #	Name	Age	Finish	Pace
1	990	JOE PEPLIN	32	0:23:21	7:32
2	806	JAMES BELLOT	30	0:24:17	7:50
3	995	JASON PISANI	33	0:25:29	8:13
4	811	ZACHARY BENNETT	32	0:30:14	9:45
5	1145	TERRY SAWYER	34	0:31:56	10:18
6	889	DEWARREN HAND	31	0:35:48	11:33
7	1191	JOSH WRIGHT	30	0:36:15	11:42

Age Group Race Report as of 4/14/2012 1:50:24 PM for Male 35-39 in division 5K

Place	Bib #	Name	Age	Finish	Pace
1	1189	JAMES WRIGHT	35	0:20:17	6:33
2	147	SKIPPER BACHMAN	36	0:23:27	7:34
3	926	AARON KASULIS	38	0:27:45	8:57
4	815	SHANNON BOEHMER	36	0:31:00	10:00
5	897	ROBERT HIGDON	36	0:32:20	10:26
6	1183	TIM WILSON	37	0:34:25	11:06
7	989	STEPHEN PAYNE	37	0:35:56	11:35
8	864	DONALD ERVIN	36	0:36:26	11:45
9	836	TRAVIS CORPENING	35	0:41:59	13:33
10	916	LEVI JOHNSON	39	0:51:18	16:33

Age Group Race Report as of 4/14/2012 1:50:24 PM for Male 40-44 in division 5K

Place	Bib #	Name	Age	Finish	Pace
1	872	DAVID FREDERIKSEN	41	0:20:04	6:28
2	931	KEVIN KELLER	41	0:21:29	6:56
3	878	JOHN GIZDIC	42	0:28:15	9:07
4	930	DON KAYS	44	0:38:06	12:17

Age Group Race Report as of 4/14/2012 1:50:25 PM for Male 45-49 in division 5K

Place	Bib #	Name	Age	Finish	Pace
1	943	MICHAEL LANGDON	49	0:22:20	7:12
2	994	ROBERT PIETRZYKOWSKI	47	0:23:32	7:35
3	819	RONNEY BRADSHAW	48	0:24:21	7:51
4	955	WAVERLY MANLEY	47	0:27:22	8:50
5	877	CHRISTOPHER GILMORE	45	0:29:36	9:33
6	1153	ALFRED SPRIGGS	45	0:30:02	9:41
7	817	SCOTT BORAH	49	0:43:42	14:06

Age Group Race Report as of 4/14/2012 1:50:25 PM for Male 50-54 in division 5K

Place	Bib #	Name	Age	Finish	Pace
1	977	DENNIS MURPHY	52	0:35:37	11:29
2	981	JOHN NIELSEN	51	0:46:18	14:56

Age Group Race Report as of 4/14/2012 1:50:25 PM for Male 55-59 in division 5K

Place	Bib #	Name	Age	Finish	Pace
1	940	DAVID KIRK	59	0:25:10	8:07
2	1188	RONALD WORMWOOD	55	0:25:18	8:10

Age Group Race Report as of 4/14/2012 1:50:25 PM for Male 60-64 in division 5K

Place	Bib #	Name	Age	Finish	Pace
1	902	DANIEL HUBBARD	60	0:26:26	8:32
2	830	JAMES CLARK	60	0:37:26	12:05
3	915	MIKE JENKINS	60	0:49:08	15:51

Age Group Race Report as of 4/14/2012 1:50:25 PM for Female 14 and under in division 5K

Place	Bib #	Name	Age	Finish	Pace
1	820	HAILEY BRADSHAW	11	0:23:58	7:44
2	821	ABBY BRADSHAW	8	0:24:19	7:51
3	25	KAYLEE ADKINS	10	0:30:13	9:45
4	37	CASEY ADKINS	8	0:30:14	9:45
5	933	CAITLYN KELLER	12	0:32:55	10:37
6	1170	JAMIE WARD	9	0:36:15	11:42
7	980	REBEKAH NIELSEN	10	0:37:11	11:59
8	1212	BRIANNA RODRIGUEZ	14	0:41:13	13:18
9	1213	EMILY TALMADGE	14	0:41:16	13:19
10	973	LILLIAN MOORE	9	0:43:37	14:04
11	999	ABI POLLARD	4	0:43:58	14:11
12	809	AUTUMN BENJAMIN	11	0:44:43	14:25
13	972	TAYLOR MOORE	11	0:46:40	15:03
14	861	KENDYL ELLIOTT	7	0:46:49	15:06
15	1207	CARMEN WHITE	14	0:47:54	15:27
16	854	ISABELLE EDMISTEN	5	0:48:01	15:29
17	1158	MCKENZIE SUTTON	4	0:48:10	15:32

Age Group Race Report as of 4/14/2012 1:50:26 PM for Female 15-19 in division 5K

Place	Bib #	Name	Age	Finish	Pace
1	948	ALEXANDRA LITTLE	16	0:28:05	9:04
2	1151	APRIL SKIPPON	19	0:44:34	14:23
3	840	HALEY CROUCH	15	0:45:10	14:34
4	839	LOGAN CROUCH	15	0:45:20	14:37
5	936	ALIX KENNEDY	15	0:53:51	17:22
6	1215	DIAMOND SUTTON	15	0:55:42	17:58

Age Group Race Report as of 4/14/2012 1:50:26 PM for Female 20-24 in division 5K

Place	Bib #	Name	Age	Finish	Pace
1	908	TAWANNA JACKSON	23	0:24:21	7:51
2	832	HENNI COETZER	23	0:26:21	8:30
3	941	JOHANNA KIRSCHER	24	0:30:59	9:59

4	975	TIMIKA MURPHY	23	0:41:00	13:14
5	920	EMILY JOHNSON	20	0:41:18	13:19
6	957	KELLI MARIA	24	0:45:07	14:33
7	895	CORAL HENDERSON	21	0:47:50	15:26
8	896	KASSEADY HENDERSON	23	0:47:51	15:26
9	934	KRISTA KELLEY	23	0:49:42	16:02

Age Group Race Report as of 4/14/2012 1:50:26 PM for Female 25-29 in division 5K

Place	Bib #	Name	Age	Finish	Pace
1	952	ERIN LUCE	28	0:20:45	6:42
2	978	KATE MURPHY	27	0:26:35	8:35
3	826	AMANDA CAMERON	25	0:26:50	8:39
4	123	MELISSA ARROYO	25	0:27:44	8:57
5	951	DANELLE LONGLEY	28	0:29:02	9:22
6	938	ANDREA KIOGIMA	26	0:29:50	9:37
7	882	MEGAN GOOCH	26	0:30:18	9:46
8	1141	MINDY SAKSA	26	0:30:42	9:54
9	1164	MOLLY TOPP	25	0:32:55	10:37
10	906	ALEXIA HUNTER	28	0:35:11	11:21
11	937	MELINDA KEZER	25	0:35:52	11:34
12	961	KATE MCHUGH	25	0:40:45	13:09
13	798	BROOKE BATSON	25	0:41:51	13:30
14	1138	MARILYN RUSH	28	0:41:52	13:30
15	796	SARAH BARNETT	28	0:45:08	14:34
16	1182	LAUREN WILLIAMS	26	0:45:56	14:49

Age Group Race Report as of 4/14/2012 1:50:26 PM for Female 30-34 in division 5K

Place	Bib #	Name	Age	Finish	Pace
1	958	STACY MCALLISTER	33	0:27:00	8:43
2	950	TRACY LONG	34	0:27:43	8:56
3	1144	SANDI SAWYER	33	0:28:10	9:05
4	1190	CATHY WRIGHT	31	0:30:23	9:48
5	810	JENNA BENNETT	30	0:30:50	9:57
6	888	LAKARA SCHAUS	33	0:31:30	10:10
7	804	KRYSTAL BECK	30	0:32:57	10:38
8	887	ZANDRA HAND	30	0:41:57	13:32
9	835	LATISHA CORPENING	30	0:41:59	13:33
10	1167	KIMBERLY VERBETICH MOOF	31	0:43:37	14:04
11	807	ELEANOR BENJAMIN	31	0:44:37	14:24
12	883	TONYA GRAHAM	32	0:44:54	14:29
13	1133	LISA ROBINSON	32	0:47:11	15:13
14	828	CHARLETTA CHASTEN	33	0:51:29	16:36

Age Group Race Report as of 4/14/2012 1:50:26 PM for Female 35-39 in division 5K

Place	Bib #	Name	Age	Finish	Pace
1	901	KRISTY HUBARD	39	0:25:08	8:06
2	1204	COREY YINGLING	39	0:25:09	8:07

3	823	JENNIFER BUTZ	38	0:25:34	8:15
4	1155	MARLENE STEWART	36	0:28:21	9:09
5	918	TAMI JOHNSON	36	0:29:34	9:32
6	12	WENDY ADKINS	36	0:32:16	10:25
7	964	LORI MCKOY	38	0:34:14	11:03
8	834	VASANA COPP	38	0:35:24	11:25
9	1131	LYNETTE RACCO	37	0:35:37	11:29
10	814	KIRSTEN BOEHMER	38	0:44:33	14:22
11	822	BRANDI MOSLEY	38	0:45:00	14:31
12	860	JANUARY ELLIOTT	35	0:46:42	15:04
13	944	WENDY LAWSON	36	0:47:20	15:16
14	853	JENNIFER EDMISTEN	39	0:49:13	15:53
15	1202	ANECHIA WIGGINS	38	1:04:57	20:57

Age Group Race Report as of 4/14/2012 1:50:26 PM for Female 40-44 in division 5K

Place	Bib #	Name	Age	Finish	Pace
1	1214	CAROLYN FISHER	44	0:24:09	7:47
2	947	MONICA LITTLE	41	0:28:13	9:06
3	1156	CLARA STONE	42	0:29:53	9:38
4	98	ROBIN ANDERSON	41	0:33:58	10:57
5	1166	CHRISTINE VAYO	41	0:35:16	11:23
6	50	MELISSA ALBERTSON	42	0:35:17	11:23
7	1201	JENNY CREAMER	44	0:36:16	11:42
8	890	ANGELA HARDEE	41	0:36:20	11:43
9	1000	LOU ANN PORTER	43	0:43:11	13:56
10	996	JENNIFER POLLARD	40	0:43:57	14:11
11	935	JUDY KENNEDY	41	0:44:32	14:22
12	845	ROBIN DAVIS	42	0:44:54	14:29
13	851	KATHY DURBIN	44	0:47:50	15:26
14	1185	REBECCA WOODHEAD	42	0:50:06	16:10
15	910	SAMANTHA JACOBS	40	0:50:34	16:19
16	89	CHRISTINE ALMQUIST	43	0:53:39	17:18
17	1209	LAURIE HUTCHINS	44	0:54:24	17:33
18	899	LEWEEN HOLMES	42	0:58:56	19:01

Age Group Race Report as of 4/14/2012 1:50:26 PM for Female 45-49 in division 5K

Place	Bib #	Name	Age	Finish	Pace
1	971	SONYA MOHN	45	0:30:59	9:59
2	876	ROBIN GILMORE	47	0:31:43	10:14
3	813	SCOTTY BETHUNE	49	0:33:15	10:44
4	1142	DENISE SANFILIPPO	45	0:34:43	11:12
5	893	MONIQUE HARRIS	46	0:36:28	11:46
6	1136	KATIE ROY	48	0:43:59	14:11
7	959	SANDRA MCCrackEN	48	0:44:00	14:12
8	816	DANIELLE BORAH	48	0:44:07	14:14
9	1206	TERESA WHITE	49	0:48:14	15:34
10	873	MARY FREEMAN	47	0:50:33	16:18

11	991	LAURA PHARES	48	0:51:22	16:34
----	-----	--------------	----	---------	-------

Age Group Race Report as of 4/14/2012 1:50:27 PM for Female 50-54 in division 5K

Place	Bib #	Name	Age	Finish	Pace
1	865	PAM ESCARSEGA	54	0:25:50	8:20
2	875	CAROLINE GATES	50	0:28:19	9:08
3	1203	DEB WALKER	54	0:28:26	9:10
4	1135	DELIA RODRIGUEZ	51	0:34:05	10:59
5	1169	CHRISTINE WARD	54	0:36:15	11:42
6	1132	SANDRA REAVES	52	0:38:06	12:17
7	838	CARLA CROUCH	52	0:38:47	12:31
8	909	DIANE JACOBS	53	0:41:08	13:16
9	979	PATRICIA NIELSEN	50	0:41:08	13:16
10	919	CAROLYN JOHNSON	52	0:43:46	14:07
11	863	EDNA ENNIS	51	0:44:38	14:24
12	911	AUDREY JAMES	53	0:45:42	14:45
13	900	MARY PAT HOOKER	51	0:46:38	15:03
14	855	TAMMY EISEL	54	0:51:11	16:31
15	1149	DEBORAH SHAFFER	54	0:53:34	17:17
16	1161	RUGENA THAMES	53	0:55:17	17:50

Age Group Race Report as of 4/14/2012 1:50:27 PM for Female 55-59 in division 5K

Place	Bib #	Name	Age	Finish	Pace
1	892	MARTHA HARLAN	57	0:33:16	10:44
2	968	BARBARA MINTZ	57	0:36:04	11:38
3	797	LARHONDA BATSON	56	0:41:52	13:30
4	960	KRISTAL MCHUGH	55	0:43:12	13:56
5	1178	KATHIE WHEELER	55	0:46:38	15:03
6	914	HELEN JENKINS	55	0:49:08	15:51
7	984	PATTY PADGETT	57	0:50:04	16:09
8	829	CLEMONTINE CLARK	58	0:53:34	17:17
9	1194	MARILYN DINKINS	56	0:53:52	17:23
10	862	FIONA ENGLAND	55	0:55:21	17:51

Age Group Race Report as of 4/14/2012 1:50:27 PM for Female 60-64 in division 5K

Place	Bib #	Name	Age	Finish	Pace
1	1177	PAT WHEELER	64	0:51:21	16:34

Age Group Race Report as of 4/14/2012 1:50:27 PM for Female 65-69 in division 5K

Place	Bib #	Name	Age	Finish	Pace
1	932	SANDRA KELLER	68	0:45:10	14:34