

# ISLAND INDEPENDENCE 5K

SATURDAY, JULY 6, 2013

TOPSAIL BEACH, NC

74 Degrees & Mostly Sunny

## 5K AGE GROUP RESULTS

### OVERALL MALES

Place	Bib #	Name	Total	Pace	Age	Gender	City	State
1	963	Tom Clifford	15:51.4	5:07	30	M	Wilmington	NC
2	782	Trevor McNally	16:48.4	5:25	23	M	Hinckley	MN
3	441	Chatham Ellwanger	16:54.6	5:27	17	M	Hickory	NC

### OVERALL FEMALES

Place	Bib #	Name	Total	Pace	Age	Gender	City	State
1	448	Meryl Folloso	19:43.1	6:22	27	F	Fort Belvoir	VA
2	498	Emily Leeper	20:53.4	6:44	29	F	Bowling Green	KY
3	816	Tara Wind	21:11.2	6:50	35	F		KY

### MALE 14 & UNDER

Place	Bib #	Name	Total	Pace	Age	Gender	City	State
1	868	Tanner Yates	20:52.2	6:44	14	M	Fuquay Varina	NC
2	810	Brandon Rollins	21:50.3	7:03	13	M	Wilmington	NC
3	941	Jake D'Ambrosio	22:22.0	7:13	14	M	Cary	NC
4	964	Manato Arndall	25:54.0	8:21	8	M	Jacksonville	NC
5	821	Grey Schiwitz	26:58.6	8:42	11	M	Roswell	GA
6	857	Spencer White	27:49.2	8:58	12	M	Cary	NC
7	801	Nicholas Priestly	28:06.9	9:04	14	M	Surf City	NC
8	892	Reilly Stafford	29:06.1	9:23	12	M		NC
9	891	Thomas Stafford	29:56.6	9:39	8	M		NC
10	856	Pierson White	31:11.6	10:04	11	M	Cary	NC
11	991	William Rhodes	34:53.2	11:15	10	M	Alexandria	VA
12	809	Brady Rollins	35:41.1	11:31	11	M	Wilmington	NC
13	458	Justin Haupt	36:33.4	11:47	12	M	Virginia Beach	VA
14	894	Matt Willoughby	37:40.8	12:09	13	M		NC
15	895	Josh Willoughby	37:56.2	12:14	13	M		NC

### MALE 15 - 19

Place	Bib #	Name	Total	Pace	Age	Gender	City	State
1	428	Dalton Cox	17:40.0	5:42	16	M	Sanford	NC
2	923	Justin Lehn	18:07.9	5:51	17	M		NC
3	470	Bradley Hoogerwerf	18:52.6	6:05	16	M	Lake Charles	LA
4	975	Cam Stephens	19:11.1	6:11	15	M	Wilmington	NC
5	419	Jared Coats	21:07.9	6:49	17	M	Muncie	IN
6	888	Nick Carmelo	22:03.1	7:07	18	M		NC
7	469	Nick Honeycutt	24:22.4	7:52	15	M	Fuquay Varina	NC

8	866	Jordan Yates	24:24.0	7:52	18	M	Fuquay Varina	NC
9	995	Wrenn Pallas	24:46.4	7:59	15	M	Raleigh	NC
10	947	Jackson Boyles	25:44.0	8:18	15	M	Carolina Beach	NC
11	397	Raymond Bradway II	26:45.3	8:38	19	M	Jacksonville	NC
12	412	JACOB CARLSEN	26:46.6	8:38	18	M	HAMPSTEAD	NC
13	932	John Thomas Fucigna	27:30.3	8:52	18	M		
14	955	Justin Burnwell	30:24.1	9:48	16	M	Raleigh	NC
15	461	Boris Hendley	31:32.9	10:10	16	M	Charlotte	NC
16	916	Richard Mayes	32:48.3	10:35	18	M		NC

#### MALE 20 - 24

Place	Bib #	Name	Total	Pace	Age	Gender	City	State
1	198	Alex Ryan	18:59.4	6:07	24	M		NC
2	843	Will Toaspern	20:23.6	6:35	21	M	Denver	CO
3	781	Sean McMullen	20:34.7	6:38	24	M	Holly ridge	NC
4	774	Jared March	22:16.4	7:11	21	M	Jacksonville	NC
5	456	Brian Grealy	22:49.0	7:22	23	M	Fayetteville	NC
6	841	Robert Timmerman	23:43.7	7:39	22	M	Clinton Twp.	MI
7	910	Andrew McPeak	24:32.6	7:55	22	M		NC
8	755	Jonathon Manuel	25:32.2	8:14	22	M	Holly ridge	NC
9	429	Marshall T. Crawley	26:11.3	8:27	21	M	Wallace	NC
10	882	Alex Padgett	28:24.9	9:10	21	M	Hampstead	NC
11	443	Wesley Errickson	29:17.0	9:27	23	M	Rocky Point	NC
12	886	Chase Stancill	35:32.3	11:28	20	M	Surf City	NC
13	496	Michael Lazor	42:34.4	13:44	22	M	jacksonville	NC
14	962	Stephen Rusterholtz	46:34.7	15:01	23	M	Burlington	NC
15	884	Ryan Phillips	46:41.3	15:04	22	M	Clayton	NC

#### MALE 25-29

Place	Bib #	Name	Total	Pace	Age	Gender	City	State
1	967	Nicholas Oltman	17:24.6	5:37	25	M	Surf City	NC
2	969	John Vastraaten	17:46.0	5:44	25	M	Surf City	NC
3	948	Oscar Gutierrez	18:15.8	5:53	27	M	Pink Hill	NC
4	490	Michael Kuebler	19:05.7	6:09	28	M	Holly Ridge	NC
5	776	Jason McCormack	20:05.4	6:29	25	M	Wilmington	NC
6	909	Neill Sherron	21:51.2	7:03	26	M		NC
7	424	John Costello	22:16.0	7:11	28	M	Lutherville	MD
8	409	CRAYTON BUTTS III	22:40.3	7:19	26	M	WILMINGTON	NC
9	454	Alexander Grant	24:18.7	7:50	26	M	Magnolia	NC
10	887	Andrew Williams	24:39.4	7:57	25	M	Wilmington	NC
11	488	Jonathan Krauss	24:57.7	8:03	27	M	Holly ridge	NC
12	783	Patrick McNeely	27:34.1	8:54	27	M	Arlington	VA
13	974	Michael Perick	27:52.5	8:59	26	M	Raleigh	NC
14	880	Charles Locke	35:32.9	11:28	25	M	Surf City	NC
15	859	Joshua Willoughby	36:43.6	11:51	26	M	Fayetteville	NC
16	853	Brandon Wells	39:59.4	12:54	26	M	Rocky Point	NC

**MALE 30-34**

Place	Bib #	Name	Total	Pace	Age	Gender	City	State
1	814	Michael Royal	19:20.6	6:14	34	M	Mooreville	NC
2	487	Stephen King	20:12.3	6:31	34	M	Hillsborough	NC
3	788	Richard Montgomery	20:36.1	6:39	33	M	virginia beach	Va
4	74	Nicholas Armendariz	21:01.0	6:47	32	M	Emerald Isle	NC
5	716	Brian Lowry	21:11.8	6:50	32	M	Moseley	VA
6	990	Joshua Obremski	21:33.1	6:57	31	M	Hampstead	NC
7	253	Steven Leamon	22:06.9	7:08	34	M		NC
8	777	Eric McCoy	22:39.2	7:18	31	M	Jacksonville	NC
9	812	Ramfis Rosa	23:35.9	7:36	34	M	Sneads ferry	No
10	875	Josh Godwin	23:46.5	7:40	32	M	Topsail Beach	NC
11	984	William Daniel Amburn	24:21.6	7:51	33	M	Raleigh	NC
12	420	Edward Connell	24:34.2	7:55	33	M	Maple Hill	NC
13	785	Seth Meier	25:22.5	8:11	34	M	Smithtown	NY
14	838	Jason Swain	25:25.4	8:12	32	M	Wilmington	NC
15	851	Jonathan Ward	25:31.2	8:14	30	M	Raleigh	NC
16	927	Brandon Little	26:01.5	8:24	32	M		
17	946	Travis Stavros	29:47.4	9:36	31	M	Midway Park	NC
18	987	Sean O'Rurke	30:14.9	9:45	30	M	Alexandria	VA
19	831	Brad Springer	32:42.5	10:33	30	M	Cary	NC
20	998	Paul Stouffer	34:39.9	11:11	32	M	Houston	TX
21	405	Josh Burke	35:17.0	11:23	32	M	Midlothian	VA
22	701	Ronnie Leeper	41:33.0	13:24	31	M	Candler	NC

**MALE 35-39**

Place	Bib #	Name	Total	Pace	Age	Gender	City	State
1	849	Thomas Walls	19:04.4	6:09	38	M	Fort Mill	SC
2	836	Jeff Summerlin-Long	20:48.2	6:43	38	M	Huntsville	AL
3	442	Aaron Earwood	21:54.5	7:04	38	M		NC
4	761	Ted Maple	22:11.1	7:09	39	M	Indianapolis	IN
5	545	Joey Floyd	26:28.9	8:32	38	M		NC
6	869	steve zelinger	26:44.3	8:37	37	M	silver spring	MD
7	474	Josh Hyatt	27:32.6	8:53	38	M	Mooreville	NC
8	840	Greg Thompson	28:26.5	9:10	39	M	Raleigh	NC
9	818	Wade Sarver	30:50.0	9:57	37	M	pittsburgh	pa
10	949	Damlan LeClair	37:13.6	12:00	35	M	Camp Lejeune	NC

**MALE 40-44**

Place	Bib #	Name	Total	Pace	Age	Gender	City	State
1	874	Tay Filer	17:44.2	5:43	43	M	Hampstead	NC
2	878	Bill Holt	21:40.6	6:59	42	M	Wilmington	NC
3	977	Eric Burton	21:48.9	7:02	44	M	High Point	NC
4	966	Will McGhee	23:06.8	7:27	41	M	Marietta	GA
5	820	Barrett Schiwitz	23:37.4	7:37	44	M	Roswell	GA
6	997	Joe Kuebler	23:46.8	7:40	42	M	N Ridgeville	OH
7	981	Rob Brady	26:19.3	8:29	41	M	Raleigh	NC

8	929	Kevin Parrish	28:29.4	9:11	41	M		
9	846	Brad Turlington	29:47.7	9:36	42	M	Raleigh	NC
10	483	Dayton Kiger	30:41.0	9:54	40	M	Apex	NC
11	395	Jamie Bradway	30:58.1	9:59	41	M	Apex	NC
12	940	Rick Casey	32:09.0	10:22	44	M	Shelby	OH
13	835	William Stophel	34:57.3	11:16	43	M	Stella	NC
14	942	Joe D'Ambrosio	35:34.0	11:28	43	M	Cary	NC
15	460	Robert Haupt	36:33.6	11:47	41	M	Virginia Beach	VA
16	993	Mark Neill	42:03.9	13:34	41	M	Pauleys Island	SC

#### MALE 45-49

Place	Bib #	Name	Total	Pace	Age	Gender	City	State
1	950	Steve Koziscek	19:16.3	6:13	46	M	Jacksonville	NC
2	855	Andrew White	21:46.3	7:01	47	M	Cary	NC
3	971	Lunsford King	22:20.9	7:12	47	M	Wrightsville Beach	NC
4	440	Dave Edwards	23:58.4	7:44	48	M	Charlotte	NC
5	778	Ray McDonald	24:25.5	7:53	46	M	Mount Olive	NC
6	472	Patrick Horning	24:42.9	7:58	47	M	Wilmington	NC
7	863	Kevin Witzke	25:30.3	8:14	47	M	Topsail Beach	NC
8	794	Craig Picken	27:41.5	8:56	49	M	Wilmington	NC
9	396	Raymond Bradway	28:38.3	9:14	45	M	Jacksonville	NC
10	893	Kelly Stafford	29:57.6	9:40	46	M		NC
11	867	Mark Yates	30:22.7	9:48	48	M	Fuquay Varina	NC
12	451	Jim Gibbons	30:27.9	9:49	45	M	Raleigh	NC
13	848	Nick Wakeman	30:41.9	9:54	49	M	Alex	VA
14	917	Stephen Giltinan	30:51.3	9:57	45	M		NC
15	913	Scott Morrison	30:54.9	9:58	48	M		NC
16	411	CRAIG CARLSEN	32:27.2	10:28	49	M	HAMPSTEAD	NC
17	958	Roger Elrod	41:31.5	13:24	47	M	Clayton	NC
18	883	Louis Peele	52:43.8	17:00	47	M	Topsail Beach	NC

#### MALE 50-54

Place	Bib #	Name	Total	Pace	Age	Gender	City	State
1	897	Jeffrey Peterson	18:53.4	6:05	53	M		NC
2	896	Joe Markley	19:56.7	6:26	50	M		NC
3	944	Larry Justice	20:47.7	6:42	54	M	Burgaw	NC
4	842	John Toaspen	21:29.4	6:56	53	M	Denver	CO
5	398	Spence Broadhurst	22:24.9	7:14	54	M	Greensboro	NC
6	864	Dan Woodlief	24:02.9	7:45	50	M	Durham	NC
7	400	Bobby Brown	26:29.9	8:33	53	M	Paducah	Ky.
8	436	Kirk Denning	26:53.2	8:40	53	M	Smithfield	NC
9	890	Joe Davis	26:54.4	8:41	52	M		NC
10	930	JT Fucigna	27:13.6	8:47	53	M		
11	943	Robert Owings	27:23.2	8:50	50	M	Surf City	NC
12	786	Bryant Mende	27:51.8	8:59	54	M	Charlotte	NC
13	979	Wellie Jackson	28:30.9	9:12	50	M	Clinton	NC
14	780	James Mclean	28:48.7	9:17	50	M	Topsail beach	NC

15	798	Mark Pool	28:49.1	9:18	54	M		NC
16	463	Thomas Hendley	32:01.7	10:20	50	M	Charlotte	NC
17	952	Brent Wood	38:01.3	12:16	50	M	Cary	NC
18	422	Bill Costello	49:59.6	16:07	52	M	Duluth	GA

#### MALE 55-59

Place	Bib #	Name	Total	Pace	Age	Gender	City	State
1	802	Michael Radesky	26:00.7	8:23	58	M	Charlotte	NC
2	907	Frank Sherron	27:15.9	8:47	58	M		NC
3	939	Mark Layacona	27:48.5	8:58	58	M		
4	329	Keith Bolte	31:03.7	10:01	57	M	Raleigh	NC
5	973	Mike Penick	31:23.9	10:07	59	M	Raleigh	NC
6	877	Bruce Guillarume	32:03.2	10:20	59	M	Friendsville	TN

#### MALE 60+

Place	Bib #	Name	Total	Pace	Age	Gender	City	State
1	823	Sam Sessoms	23:13.0	7:29	65	M	Fayetteville	NC
2	871	Marvin Campbell	25:34.1	8:15	67	M	Wilmington	NC
3	714	hal Levi	26:43.8	8:37	66	M	Silver Spring	MD
4	847	Clark Wadlow	27:18.8	8:48	66	M	Hampstead	NC
5	945	Gary Fuchs	27:48.8	8:58	60	M	Stokesdale	NC
6	972	Joe Bell	29:04.6	9:23	61	M	Clinton	NC
7	407	Richard Burt	30:10.6	9:44	69	M	Holly Ridge	NC
8	960	Paul Kuebler	35:43.8	11:31	67	M	Elyria	OH
9	985	Ed Linz	44:14.8	14:16	69	M	Springfield	VA
10	473	Phil Hutchings	47:12.6	15:14	61	M	Durham	NC
11	423	Jack Costello	49:59.7	16:07	60	M	Midlothian	VA

#### FEMALE 14 & UNDER

Place	Bib #	Name	Total	Pace	Age	Gender	City	State
1	804	Gwyn Reece	25:23.8	8:11	13	F	Smithfield	NC
2	959	Chloe Whitaker	25:56.6	8:22	13	F	Wilmington	NC
3	795	Madison Picken	27:41.2	8:56	11	F	Wilmington	NC
4	499	Hope Leeper	30:21.2	9:47	13	F	Bowling Green	KY
5	438	Claire Dzan	32:58.7	10:38	13	F	Louisville	KY
6	925	Megan Hardesty	33:33.6	10:49	9	F		
7	918	Chloe Pauldine	35:32.1	11:28	13	F		NC
8	431	Sarah Daughtry	39:40.2	12:48	13	F	Clinton	NC
9	457	Sara Grier	40:06.6	12:56	14	F	Alabaster	AL
10	994	Rachael Neill	41:59.5	13:33	8	F	Pauleys Island	SC

#### FEMALE 15-19

Place	Bib #	Name	Total	Pace	Age	Gender	City	State
1	791	Kim Ngo	22:58.7	7:25	17	F	Havelock	NC
2	954	Sheridan Wood	22:58.8	7:25	16	F	Cary	NC
3	933	Elizabeth Fucigna	23:36.6	7:37	16	F		
4	937	Brittany Wang	25:53.8	8:21	16	F		

5	844	Kelly Torrence	27:13.5	8:47	17	F	St. Louis	MO
6	914	Charlotte McKee	27:29.5	8:52	15	F		NC
7	800	Sarah Price	30:47.1	9:56	15	F	Faison	NC
8	953	Brittany Wood	31:01.4	10:00	18	F	Cary	NC
9	956	Sashe Burnwell	31:18.6	10:06	18	F	Raleigh	NC
10	915	Alexis DeBarber	31:29.8	10:09	18	F		NC
11	426	Shannon Costello	33:36.6	10:50	17	F	duluth	GA
12	482	Abigail Kielty	33:44.7	10:53	17	F	Saint Charles	MO
13	834	Kristen Stophel	34:55.3	11:16	16	F	Stella	NC
14	416	Elizabeth Carroll	36:39.6	11:49	17	F	duluth	GA
15	935	Lauren Hoopes	37:32.6	12:06	16	F		
16	965	Devin Lanier	39:05.5	12:36	17	F	Harrisonburg	VA
17	903	Laura Elizabeth Ormond	39:41.8	12:48	16	F		NC
18	936	Abigail Greene	41:47.4	13:29	15	F		
19	480	Caitlin Joyner	45:45.5	14:45	18	F	Clinton	NC

#### FEMALE 20-24

Place	Bib #	Name	Total	Pace	Age	Gender	City	State
1	921	Kelsey Lauren	21:17.4	6:52	23	F		NC
2	797	Amanda Pool	24:05.4	7:46	20	F		NC
3	494	Kristin Laughon	25:56.7	8:22	21	F	Wrightsville Beach	NC
4	825	Kylea Sheils	27:46.4	8:57	20	F	Jacksonville	NC
5	792	Megan O'Hare	31:02.4	10:01	24	F	Wilmington	NC
6	475	Ashley Jacquot	32:37.2	10:31	21	F	wilmington	NC
7	931	Ann Fucigna	33:32.8	10:49	21	F		
8	879	Elizabeth Jarman	35:33.4	11:28	20	F	Surf City	NC
9	911	Colleen Seitz	35:51.9	11:34	24	F		NC
10	450	Angela Gaskins	38:02.4	12:16	23	F	Wilmington	NC
11	827	Kayla Smith	39:05.5	12:36	22	F	Hampstead	NC
12	860	Melissa Willoughby	40:43.1	13:08	22	F	Fayetteville	NC
13	870	Tristan Zelna	42:34.4	13:44	22	F	Jacksonville	NC
14	399	Lindsey Brost	43:00.8	13:52	22	F	Monroe	NC
15	418	Carson Childers	43:02.3	13:53	23	F	Wilmington	NC
16	813	Kaitlyn Rounds	43:02.5	13:53	23	F	Matthews	NC
17	961	Stacey Rusterholtz	46:34.3	15:01	24	F	Burlington	NC
18	873	Emily Edwards	46:41.1	15:04	21	F	Selma	NC

#### FEMALE 25-29

Place	Bib #	Name	Total	Pace	Age	Gender	City	State
1	347	Melissa Bolte	23:41.0	7:38	29	F	Wexford	Pa
2	999	Mary Williams	26:12.6	8:27	28	F	Clinton	NC
3	491	Jessica Kunert	26:49.0	8:39	27	F	Richlands	NC
4	900	Melissa Blyleven	26:54.5	8:41	27	F		NC
5	799	Angel Porter	27:33.3	8:53	29	F	Camp Lejeune	NC
6	824	Rebecca Shapiro	28:24.0	9:10	25	F	Charlottesville	VA
7	489	Nicole Krauss	29:10.1	9:25	26	F	Holly ridge	NC
8	789	Christal Neidecker	31:11.5	10:04	28	F	Jacksonville	NC

9	433	Abigail Dawson	31:12.9	10:04	27	F	Hampstead	NC
10	803	Carol Read-Arce	33:00.8	10:39	27	F	Holly Ridge	NC
11	466	Karen Herring	33:13.3	10:43	26	F	raleigh	NC
12	744	Jennifer Lynch	33:24.1	10:46	29	F	Chinquapin	NC
13	271	Jessica Bolte	34:56.5	11:16	29	F	Wexford	PA
14	850	Callie Ward	37:01.2	11:56	29	F	Raleigh	NC
15	854	Dana Wells	39:59.7	12:54	25	F	Rocky Point	NC
16	500	Kelli Leeper	41:33.0	13:24	28	F	Candler	NC
17	805	Kelley Regan	52:47.8	17:02	27	F	Lutherville	MD
18	989	Jessica Montague	53:52.7	17:23	28	F	Surf City	NC

#### FEMALE 30-34

Place	Bib #	Name	Total	Pace	Age	Gender	City	State
1	784	Gabrielle Meier	23:20.1	7:32	33	F	Smithtown	NY
2	468	Maria Holler	23:21.2	7:32	30	F	Goldsboro	NC
3	970	Traceylynn Barnett	24:22.0	7:52	33	F	Wilmington	NC
4	808	Elizabeth Rogers	25:24.6	8:12	32	F	Clinton	NC
5	790	Crystal Neihoff	25:31.2	8:14	30	F	Jacksonville	NC
6	485	English King	27:21.2	8:49	34	F	Hillsborough	NC
7	976	Angela McAndrew	28:40.0	9:15	31	F	Angier	NC
8	430	Jessica Damm	31:12.9	10:04	32	F	Hampstead	NC
9	449	Kelly Freshcorn	31:13.5	10:04	34	F	Mooreville	NC
10	832	Sarah Springer	31:25.7	10:08	30	F	Cary	NC
11	837	Caryn Sutton	31:30.4	10:10	34	F	Hampstead	NC
12	876	Corie Jackson	31:34.8	10:11	33	F	Topsail Beach	NC
13	826	Shawna Shelton	32:20.9	10:26	31	F	Wilmington	NC
14	249	Min Leamon	32:21.6	10:26	34	F		NC
15	404	Christy Burke	32:34.3	10:30	34	F	Midlothian	VA
16	453	Amanda Glynn	33:37.8	10:51	34	F	Hampstead	NC
17	245	Elizabeth Bloch	35:06.9	11:19	30	F	Wilmington	NC
18	229	Jessica Bell	35:44.3	11:32	31	F	Sneads Ferry	NC
19	711	erica levi	41:21.4	13:20	34	F	SILVER SPRING	MD
20	476	Jessica Jahnke	47:03.8	15:11	31	F	Carrboro	NC
21	725	Jennifer Lowry	52:47.7	17:02	31	F	Moseley	VA
22	822	Jennifer Schwarz	53:41.9	17:19	31	F	Hampstead	NC
23	452	Jean Gieschen	53:42.3	17:19	30	F	Wilmington	NC
24	996	Lindsey Winslow	53:53.0	17:23	30	F	Hampstead	NC

#### FEMALE 35-39

Place	Bib #	Name	Total	Pace	Age	Gender	City	State
1	403	Stacey Bufalini	21:17.3	6:52	37	F	Wilmington	NC
2	928	Christy Parbst	25:03.9	8:05	38	F		
3	415	Heather Carpenter	25:11.0	8:07	37	F	Charlottesville	VA
4	968	Rachel Stephenson	25:26.1	8:12	38	F	Raleigh	NC
5	919	Betsie Wilkinson	27:28.2	8:52	37	F		NC
6	906	Erin Timmons	27:43.6	8:56	36	F		NC
7	434	Brenda De Bello	28:31.4	9:12	35	F	Lake Ronkonkoma	NY

8	988	Jamie Dowd	30:14.5	9:45	37	F	Alexandria	VA
9	815	Brandy Sadler	34:17.7	11:04	35	F	Holly Springs	NC
10	230	Corina Berkoben	35:10.5	11:21	35	F	White Oak	PA
11	497	Cindy LeClair	37:14.1	12:01	35	F	Camp LeJuene	NC
12	484	Shelley Kiger	39:12.6	12:39	36	F	Apex	NC
13	495	ryan laurie	39:58.4	12:54	37	F	Jacksonville	NC
14	254	Ellie Floyd	41:34.3	13:25	37	F		NC
15	902	Kate Thieda	45:20.6	14:37	36	F		NC
16	421	Michelle Conrad	48:43.5	15:43	36	F	Wilmington	NC

#### FEMALE 40-44

Place	Bib #	Name	Total	Pace	Age	Gender	City	State
1	904	Laura Ormond	25:52.3	8:21	44	F		NC
2	459	Laurin Haupt	27:12.6	8:46	40	F	Virginina Beach	VA
3	806	Nancy Richard	27:19.8	8:49	41	F	grosse pointe park	Mi
4	982	Ana Brady	28:59.6	9:21	40	F	Raleigh	NC
5	793	Melissa Olson	29:35.3	9:33	40	F	Richlands	NC
6	439	Stacie Dzan	32:44.0	10:34	40	F	Louisville	KY
7	817	Dianne Sarver	33:01.4	10:39	44	F	Pittsburgh	Pa
8	811	Marcie Jo Roney	33:02.6	10:39	44	F	Surf City	NC
9	759	Johanna Maple	33:06.9	10:41	40	F	Indianapolis	IN
10	980	Tara Jackson	33:13.5	10:43	40	F	Clinton	NC
11	934	Crystal Parrish	34:33.9	11:09	40	F		
12	920	Kim Creech	35:06.8	11:19	42	F		NC
13	889	Amy Aaunooke	36:49.9	11:53	44	F		NC
14	938	Salina Wilkins	38:13.6	12:20	40	F		

#### FEMALE 45-49

Place	Bib #	Name	Total	Pace	Age	Gender	City	State
1	417	Barbara Chadwell	25:51.4	8:20	49	F	Asheboro	NC
2	455	Suzanne Graves	26:16.5	8:28	47	F	Raleigh	NC
3	402	Trish Buerger	26:18.2	8:29	49	F	Watha	NC
4	922	Ann Heming	27:06.4	8:45	49	F		NC
5	445	Robin Faircloth	29:39.1	9:34	49	F	Fayetteville	NC
6	444	Cindy Faircloth	29:40.8	9:34	48	F	Wade	NC
7	899	Lynette Stevenson	32:22.4	10:26	47	F		NC
8	865	Foy Yates	34:41.2	11:11	46	F	Fuquay Varina	NC
9	924	Diann Kimrey	36:08.7	11:39	46	F		NC
10	425	Sally Costello	37:53.5	12:13	47	F	duluth	GA
11	951	Mary Wood	38:00.9	12:15	48	F	Cary	NC
12	779	Carol McLean	39:08.5	12:37	49	F	Topsail Beach	NC
13	986	Betty Smith	39:45.5	12:49	45	F	Goldsboro	NC

#### FEMALE 50-54

Place	Bib #	Name	Total	Pace	Age	Gender	City	State
1	957	Dal Langston	25:12.3	8:08	51	F	Sanford	NC
2	978	Tina Stancill	26:46.5	8:38	54	F	Wilmington	NC

3	872	Sarah Cox	28:05.7	9:04	52	F	Hampstead	NC
4	471	Dawn Horne	29:40.9	9:34	52	F	Stedman	NC
5	406	Cheryl Burt	30:00.6	9:41	54	F	Holly Ridge	NC
6	413	LINDA CARLSEN	32:43.6	10:33	50	F	HAMPSTEAD	NC
7	833	KJanine Stidley	33:37.7	10:51	52	F	Fort Rucker	AL
8	992	Theresa Rhodes	34:53.5	11:15	50	F	Alexandria	VA
9	775	schoonover marie	35:00.4	11:17	51	F	sneads ferry	NC
10	912	Shirley Morrison	35:51.8	11:34	50	F		NC
11	401	Teresa Brown	36:08.7	11:39	51	F	Paducah	Ky.
12	437	Billie Duff	36:12.4	11:41	51	F	Beulaville	NC
13	898	Karen Goehl	38:56.0	12:34	54	F		NC
14	787	Lisa Mende	40:37.1	13:06	54	F	Charlotte	NC
15	462	Donna Hendley	49:33.1	15:59	52	F	Charlotte	NC
16	408	Pattie Butler	53:03.6	17:07	53	F	St. Louis	MO

**FEMALE 55-59**

Place	Bib #	Name	Total	Pace	Age	Gender	City	State
1	983	Cathy Birmingham	26:55.2	8:41	58	F	Winston-Salem	NC
2	908	Julia Sherron	30:20.9	9:47	57	F		NC
3	807	Mary Rodgers	32:18.5	10:25	59	F	Columbia	MD
4	288	Karen Bolte	35:04.5	11:19	55	F	Raleigh	NC
5	858	Pam Wiggins	37:23.7	12:04	56	F	Asheboro	NC
6	158	Mary Jo Barbaretta	37:45.7	12:11	56	F	Hampstead	NC
7	901	Kristi Webb	45:20.9	14:37	56	F		NC
8	885	Michelle Reynolds	47:49.1	15:25	55	F	Topsail Beach	NC
9	839	connie taylor	47:49.2	15:25	57	F	raleigh	NC

**FEMALE 60+**

Place	Bib #	Name	Total	Pace	Age	Gender	City	State
1	486	Freddie King	29:43.3	9:35	60	F	Topsail Beach	NC
2	191	Sue Bark	32:38.8	10:32	60	F	Wilmington	NC
3	707	Susan Leuck	40:15.7	12:59	62	F	Southport	NC
4	464	Martha Herdman	53:25.2	17:14	63	F	WAverly	Va