

Lo Tide St. Patrick's Day 5K AGE GROUP RESULTS

| Position | Bib # | Name | Official Time | Chip Time | Age | City | State |
|----------|-------|------|---------------|-----------|-----|------|-------|
|----------|-------|------|---------------|-----------|-----|------|-------|

5K TOP MALES OVERALL based on Gun Elapsed time

| | | | | | | | |
|---|-----|-----------------|---------|---------|----|----------------|----|
| 1 | 409 | BRUNECZ, JACK | 16:50.2 | 16:33.8 | 32 | FAYETTEVILLE | NC |
| 2 | 422 | SPURLEY, DAKOTA | 18:07.3 | 18:05.9 | 18 | CAROLINA BEACH | NC |
| 3 | 777 | RIEMAN, CAMERON | 18:29.9 | 18:29.9 | 16 | WILMINGTON | NC |

5K TOP FEMALES OVERALL based on Gun Elapsed time

| | | | | | | | |
|---|------|----------------|---------|---------|----|--------------|----|
| 1 | 1130 | MUELLER, KIM | 18:17.8 | 18:16.4 | 39 | WILMINGTON | NC |
| 2 | 506 | DARDEN, KAYLA | 20:36.6 | 20:34.8 | 23 | ORMOND BEACH | FL |
| 3 | 410 | CHITTY, PAXTON | 21:16.7 | 21:16.7 | 12 | WILMINGTON | NC |

5K MALE 9 & UNDER - based on Gun Elapsed time

| | | | | | | | |
|---|-----|---------------------|-----------|-----------|---|----------------|----|
| 1 | 412 | HARRISON, SAWYER | 23:53.0 | 23:53.0 | 7 | WILMINGTON | NC |
| 2 | 810 | ALFORD, OWEN | 26:38.1 | 26:32.5 | 8 | WILMINGTON | NC |
| 3 | 386 | EVANS, KONO | 30:05.2 | 29:36.1 | 9 | FARMVILLE | VA |
| 4 | 630 | PETTY, DANIEL | 34:42.4 | 34:31.5 | 6 | FAYETTEVILLE | NC |
| 5 | 641 | HAMMETT, REI | 40:31.8 | 38:07.3 | 5 | CAROLINA BEACH | NC |
| 6 | 705 | SOUTHERLAND, NATHAN | 45:25.8 | 41:27.5 | 9 | CASTLE HAYNE | NC |
| 7 | 307 | WILCOX, BEN | 46:22.8 | 45:49.7 | 6 | CAROLINA BEACH | NC |
| 8 | 652 | REILLY, GABRIEL | 48:12.3 | 45:48.5 | 5 | CAROLINA BEACH | NC |
| 9 | 742 | HARTINGER, LUCAS | 1:17:24.9 | 1:15:44.2 | 8 | ROCKY POINT | NC |

5K MALE 10 - 14 - based on Gun Elapsed time

| | | | | | | | |
|----|------|---------------------|---------|---------|----|----------------|----|
| 1 | 719 | KNOTT, ZACHARY | 19:32.4 | 19:28.9 | 12 | WILMINGTON | NC |
| 2 | 418 | PERRY, ISAIAH | 21:25.1 | 21:21.9 | 10 | CAROLINA BEACH | NC |
| 3 | 417 | PERRY, CIAN | 21:40.6 | 21:37.9 | 12 | CAROLINA BEACH | NC |
| 4 | 1050 | SHAVER, STUART | 23:41.6 | 23:00.5 | 10 | WILMINGTON | NC |
| 5 | 524 | GARCIA, JACK | 24:12.4 | 24:12.4 | 12 | CAROLINA BEACH | NC |
| 6 | 699 | LANGHORST, JOEY | 24:22.6 | 24:14.5 | 12 | CAROLINA BEACH | NC |
| 7 | 598 | CHALMERS, JACOB | 24:27.8 | 24:23.3 | 12 | CAROLINA BEACH | NC |
| 8 | 337 | WRIGHT, JULIAN | 24:38.7 | 24:38.7 | 13 | CAROLINA BEACH | NC |
| 9 | 783 | LANTZ, JACK | 24:45.4 | 24:45.4 | 13 | WILMINGTON | NC |
| 10 | 781 | LOWE, ETHAN | 25:28.8 | 25:28.8 | 12 | CAROLINA BEACH | NC |
| 11 | 351 | KNIGHT, GABLE | 25:33.1 | 25:33.1 | 14 | KURE BEACH | NC |
| 12 | 357 | MCGOWAN, DYLAN | 25:50.8 | 25:42.8 | 14 | WILMINGTON | NC |
| 13 | 1138 | AIMONE, LOGAN | 26:19.8 | 26:19.8 | 11 | WILMINGTON | NC |
| 14 | 320 | BURGHARDT, NICOLAS | 26:25.2 | 26:17.6 | 14 | WILMINGTON | NC |
| 15 | 1195 | SAWYER, JACOB | 27:41.4 | 27:34.3 | 14 | WILMINGTON | NC |
| 16 | 525 | HAYDU, JACK | 28:22.2 | 28:18.0 | 11 | CAROLINA BEACH | NC |
| 17 | 780 | LOWE, JACK | 28:22.3 | 28:18.6 | 10 | CAROLINA BEACH | NC |
| 18 | 356 | MCGOWAN, DAVIS | 29:25.1 | 29:16.6 | 10 | WILMINGTON | NC |
| 19 | 961 | LANCASTER, BATES | 30:06.8 | 29:07.3 | 10 | WILMINGTON | NC |
| 20 | 676 | DEBOSE, AUSTIN | 30:07.6 | 28:01.7 | 14 | WILMINGTON | NC |
| 21 | 1179 | HENRY HOFFER, JOHN | 32:15.5 | 32:10.7 | 12 | CAROLINA BEACH | NC |
| 22 | 1070 | TAYLOR, RYAN | 33:04.6 | 32:05.1 | 11 | WILMINGTON | NC |
| 23 | 336 | SANDERS, SIMON | 38:18.6 | 34:53.5 | 12 | WILMINGTON | NC |
| 24 | 330 | MARCUCILLI, KENDALL | 38:19.0 | 34:56.1 | 10 | WILMINGTON | NC |
| 25 | 706 | BECKEN, JARED | 39:31.8 | 35:34.6 | 12 | KURE BEACH | NC |
| 26 | 619 | ACOSTA, DAVID | 40:16.5 | 40:10.0 | 11 | NEW BERN | NC |
| 27 | 324 | LAVENGOOD, LEVI | 44:52.5 | 41:02.2 | 11 | WILMINGTON | NC |
| 28 | 333 | SANDERS, JAXON | 45:18.1 | 42:05.3 | 11 | WILMINGTON | NC |
| 29 | 605 | BRITT, CHANNING | 46:39.2 | 43:05.2 | 10 | WILMINGTON | NC |

5K MALE 15 - 19 - based on Gun Elapsed time

| Position | Bib # | Name | Official Time | Chip Time | Age | City | State |
|----------|-------|--------------------|---------------|-----------|-----|----------------|-------|
| 1 | 624 | AVERY, THOMAS | 19:18.6 | 19:16.6 | 17 | CAROLINA BEACH | NC |
| 2 | 718 | GOMEZ, CHRISTOPHER | 20:01.2 | 19:59.1 | 16 | WILMINGTON | NC |
| 3 | 415 | MCKINLEY, WYETH | 20:29.8 | 20:29.8 | 15 | KURE BEACH | NC |
| 4 | 900 | ELDRIDGE, ETHAN | 20:30.1 | 20:30.1 | 18 | HOPE MILLS | NC |
| 5 | 898 | ELDRIDGE, DUSTY | 20:37.1 | 20:34.4 | 15 | HOPE MILLS | NC |
| 6 | 1049 | SHAVER, RAYMOND T. | 20:56.1 | 20:19.3 | 16 | WILMINGTON | NC |
| 7 | 848 | BRYANT, GRAYSON | 23:25.6 | 23:25.6 | 19 | PITTSBORO | NC |
| 8 | 621 | AVERY, CHRISTOPHER | 25:13.1 | 24:50.0 | 18 | CAROLINA BEACH | NC |
| 9 | 1107 | YOUNG, NIKOLAS | 26:12.8 | 26:12.8 | 16 | WILMINGTON | NC |
| 10 | 1159 | NIX, BRANDON | 26:21.7 | 26:18.2 | 19 | LOCUST GROVE | GA |
| 11 | 647 | NEWBERRY, SAMUEL | 35:39.7 | 35:17.2 | 17 | CAROLINA BEACH | NC |
| 12 | 940 | HITCHCOCK, LOGAN | 40:31.2 | 40:31.2 | 19 | WILMINGTON | NC |
| 13 | 310 | LE, BRANDON | 50:48.0 | 50:32.4 | 17 | WILMINGTON | NC |
| 14 | 622 | AVERY, JAMES | 55:45.0 | 53:52.6 | 17 | CAROLINA BEACH | NC |

5K MALE 20 - 24 - based on Gun Elapsed time

| | | | | | | | |
|----|------|-------------------|---------|---------|----|------------|----|
| 1 | 1171 | HARTY, JOSEPH | 20:21.0 | 20:18.6 | 20 | WILMINGTON | NC |
| 2 | 1026 | RIZZO, VAUGHN | 22:13.2 | 22:13.2 | 20 | WILMINGTON | NC |
| 3 | 395 | DAWSON, SCOTT | 24:14.2 | 24:00.8 | 22 | WILMINGTON | NC |
| 4 | 1157 | LOBDELL, DEVON | 24:24.4 | 24:21.2 | 24 | DAVENPORT | IA |
| 5 | 1090 | WEST, JORDAN | 25:11.2 | 25:09.5 | 24 | MONROE | NC |
| 6 | 489 | VARGA, NICK | 26:13.6 | 25:31.5 | 23 | GREENSBORO | NC |
| 7 | 957 | KRATZER, COLE | 29:21.5 | 29:21.5 | 24 | RALEIGH | NC |
| 8 | 393 | BLACKBURN, ETHAN | 29:59.3 | 29:45.3 | 24 | WILMINGTON | NC |
| 9 | 458 | BARBERICH, JOHNNY | 31:10.5 | 30:10.5 | 21 | WILMINGTON | NC |
| 10 | 682 | ANNIS, AARON | 37:12.8 | 37:12.8 | 21 | WILMINGTON | NC |
| 11 | 1121 | KIMBERLIN, JESSE | 39:58.3 | 39:58.3 | 22 | WILMINGTON | NC |

5K MALE 25 - 29 - based on Gun Elapsed time

| | | | | | | | |
|----|------|-------------------------|---------|---------|----|----------------|----|
| 1 | 456 | STODDARD, BRYAN | 19:25.1 | 19:16.9 | 26 | WILMINGTON | NC |
| 2 | 454 | HENRY, CLINT | 19:26.0 | 19:24.1 | 29 | WILMINGTON | NC |
| 3 | 967 | LIPSCOMB, HARRIS | 22:46.1 | 22:36.8 | 26 | WILMINGTON | NC |
| 4 | 392 | BLACKBURN, CHASE | 22:50.1 | 22:43.2 | 28 | WILMINGTON | NC |
| 5 | 731 | HEUGEL, BRIAN | 23:25.0 | 23:12.7 | 27 | RALEIGH | NC |
| 6 | 1076 | TRAPP, DAVID | 24:03.7 | 23:59.9 | 25 | WILMINGTON | NC |
| 7 | 590 | BAK, CHRISTOPHER JOSEPH | 25:32.4 | 24:00.0 | 25 | CAROLINA BEACH | NC |
| 8 | 789 | WHELAN, KYLE | 30:24.4 | 28:54.1 | 25 | CHARLOTTE | NC |
| 9 | 1188 | HOWARD, CHRIS | 30:48.4 | 30:48.4 | 27 | CAROLINA BEACH | NC |
| 10 | 994 | NAPIER, JOSHUA | 30:51.1 | 30:09.5 | 25 | MOORESVILLE | NC |
| 11 | 444 | FINCH, ANDREW | 31:16.8 | 29:34.2 | 25 | WILMINGTON | NC |
| 12 | 404 | SISK, ADAM | 31:58.9 | 31:44.5 | 29 | CAROLINA BEACH | NC |
| 13 | 978 | MARCUM, HUNTER | 32:02.8 | 31:26.3 | 26 | WILMINGTON | NC |
| 14 | 939 | HIRSCHFIELD, AUSTIN | 32:50.0 | 29:41.0 | 26 | DURHAM | NC |
| 15 | 514 | NEAL, CHARLES | 33:04.2 | 32:08.7 | 29 | WILMINGTON | NC |
| 16 | 834 | BOULIER, MARK | 34:36.3 | 32:40.4 | 28 | WILMINGTON | NC |
| 17 | 964 | LESTER, PHIL | 34:43.5 | 34:43.5 | 29 | NASHVILLE | TN |
| 18 | 400 | MELVIN, DUSTIN | 36:25.3 | 36:25.3 | 29 | WILMINGTON | NC |
| 19 | 1110 | FLYTHE, BILL | 40:54.1 | 39:21.1 | 29 | WILMINGTON | NC |

5K MALE 30 - 34 - based on Gun Elapsed time

| | | | | | | | |
|---|------|---------------------|---------|---------|----|--------------|----|
| 1 | 866 | CLARK, OAKLEY | 23:24.9 | 22:50.8 | 33 | WILMINGTON | NC |
| 2 | 1149 | MCFARLANE, NICHOLAS | 23:29.8 | 23:20.6 | 32 | LELAND | NC |
| 3 | 1150 | JOHNSON, MICHAEL | 27:02.6 | 26:09.6 | 33 | CAMP LEJEUNE | NC |
| 4 | 526 | BECKER, GARRETT | 28:21.0 | 26:07.9 | 33 | CHARLOTTE | NC |

| Position | Bib # | Name | Official Time | Chip Time | Age | City | State |
|----------|-------|---------------------|---------------|-----------|-----|----------------|-------|
| 5 | 751 | PROCTOR, ERIC | 28:56.5 | 27:59.4 | 30 | ADVANCE | NC |
| 6 | 1085 | WALSH, TOM | 32:35.1 | 32:25.5 | 32 | WILMINGTON | NC |
| 7 | 858 | CARR, ROBERT ASHLEY | 32:37.8 | 31:53.2 | 32 | WILMINGTON | NC |
| 8 | 450 | LINGNER, JOSHUA | 32:58.6 | 32:34.6 | 34 | WILMINGTON | NC |
| 9 | 319 | BURGHARDT, CHRIS | 33:12.5 | 29:23.4 | 34 | WILMINGTON | NC |
| 10 | 461 | CALVANO, JOHN | 33:16.3 | 32:54.6 | 32 | WILMINGTON | NC |
| 11 | 962 | LAUGHNAN, JONATHAN | 34:18.0 | 32:46.8 | 34 | WILMINGTON | NC |
| 12 | 853 | BURRY, BRANDON | 34:19.6 | 34:19.6 | 30 | HAMPSTEAD | NC |
| 13 | 593 | JOHNSON, BRETT | 34:55.7 | 34:55.7 | 34 | WILMINGTON | NC |
| 14 | 791 | SCULLION, DANIEL | 35:02.1 | 33:18.3 | 32 | WILMINGTON | NC |
| 15 | 1065 | SWEENEY, DON | 35:50.6 | 35:50.6 | 34 | WILMINGTON | NC |
| 16 | 1003 | PARISH, DANIEL | 36:12.5 | 34:32.4 | 34 | WILMINGTON | NC |
| 17 | 860 | CHERRY, CHARLES | 36:42.4 | 36:01.1 | 33 | WILMINGTON | NC |
| 18 | 794 | LEACH, KEVIN | 37:15.3 | 33:02.3 | 33 | WILMINGTON | NC |
| 19 | 1133 | HAMLET, MATT | 37:37.6 | 36:35.6 | 33 | CAROLINA BEACH | NC |
| 20 | 1120 | SHAFER, RYAN | 37:45.5 | 35:28.7 | 30 | WILMINGTON | NC |
| 21 | 1144 | CAMPBELL, JON | 38:07.5 | 36:37.5 | 34 | CAROLINA BEACH | NC |
| 22 | 1096 | WILLIAMS, MATT | 38:56.6 | 37:19.7 | 33 | WILMINGTON | NC |
| 23 | 508 | LIGHTNER, ROBERT | 40:56.7 | 39:33.3 | 34 | WILMINGTON | NC |
| 24 | 482 | NIPPER, JOHNNY | 44:13.9 | 44:13.9 | 33 | SAN FRANCISCO | CA |
| 25 | 799 | HURD, TRIPP | 44:55.9 | 41:19.9 | 34 | GREENSBORO | NC |
| 26 | 752 | HUGHES, DAVID | 46:07.7 | 46:07.7 | 34 | WILMINGTON | NC |
| 27 | 431 | PIERCE, ANDREW | 48:00.1 | 44:23.6 | 33 | CASTLE HAYNE | NC |
| 28 | 485 | SIMMONS, TYLER | 48:49.8 | 43:36.4 | 31 | WILMINGTON | NC |
| 29 | 1186 | CROMARTIE, KALOB | 1:17:30.5 | 1:11:42.3 | 33 | WILMINGTON | NC |

5K MALE 35 - 39 - based on Gun Elapsed time

| | | | | | | | |
|----|------|-------------------|---------|---------|----|----------------|----|
| 1 | 946 | JELINSKI, ERIC | 19:13.9 | 19:11.5 | 37 | WILMINGTON | NC |
| 2 | 1155 | DEES, STEPHEN | 19:15.8 | 19:13.7 | 35 | CAROLINA BEACH | NC |
| 3 | 453 | FILSELL, EDDIE | 21:10.2 | 21:02.3 | 36 | WILMINGTON | NC |
| 4 | 916 | GRINNELL, MIKE | 21:48.4 | 21:46.7 | 37 | SPRINGFIELD | VA |
| 5 | 720 | MCKEE, SHAWN | 23:30.5 | 23:28.7 | 36 | CAROLINA BEACH | NC |
| 6 | 1153 | LEURING, RYAN | 23:36.7 | 23:36.7 | 36 | MANHATTAN | NY |
| 7 | 1017 | QUADRIO, BRIAN | 26:27.3 | 26:27.3 | 35 | WILMINGTON | NC |
| 8 | 809 | ALFORD, CLAY | 26:32.6 | 26:27.5 | 39 | WILMINGTON | NC |
| 9 | 1151 | CHRISTAIN, ANDREW | 26:52.9 | 25:58.2 | 35 | WILMINGTON | NC |
| 10 | 543 | BATTLE, CHRISTIAN | 27:28.3 | 27:09.0 | 35 | CAROLINA BEACH | NC |
| 11 | 1000 | OVERTON, JUSTIN | 28:34.9 | 27:40.5 | 36 | CAROLINA BEACH | NC |
| 12 | 1097 | WILLIAMS, ROBERT | 29:11.3 | 29:11.3 | 37 | WILMINGTON | NC |
| 13 | 484 | SANDERS, KEITH | 29:28.0 | 28:52.1 | 36 | WILMINGTON | NC |
| 14 | 669 | INSKEEP, SHANE | 30:11.0 | 29:50.3 | 39 | WINNABOW | NC |
| 15 | 1169 | BARNHILL, SKIP | 31:08.5 | 30:38.1 | 35 | CAROLINA BEACH | NC |
| 16 | 655 | REILLY, JOSHUA | 31:20.6 | 31:20.6 | 37 | CAROLINA BEACH | NC |
| 17 | 451 | POYTHRESS, RYAN | 31:26.2 | 30:59.3 | 35 | EFLAND | NC |
| 18 | 1175 | DAVIS, MICAH | 33:00.6 | 32:57.2 | 39 | WILMINGTON | NC |
| 19 | 559 | LIPFORD, WILL | 33:10.0 | 32:39.0 | 39 | CAROLINA BEACH | NC |
| 20 | 629 | PETTY, ALEX | 34:41.5 | 34:30.5 | 38 | FAYETTEVILLE | NC |
| 21 | 905 | GARTZ, MATT | 35:09.2 | 34:35.1 | 35 | WILMINGTON | NC |
| 22 | 1135 | BAGWELL, JOSH | 35:40.0 | 35:40.0 | 35 | WILMINGTON | NC |
| 23 | 545 | BATTLE, JOEL | 35:53.8 | 33:21.8 | 38 | MATTHEWS | NC |
| 24 | 572 | RUSSELL, PUFFY | 37:28.1 | 33:43.9 | 36 | WILMINGTON | NC |
| 25 | 568 | LANCASTER, JUSTIN | 37:29.2 | 33:44.6 | 35 | CARY | NC |
| 26 | 1165 | BRAZZLE, JOE | 38:03.9 | 37:25.9 | 36 | FAYETTEVILLE | NC |
| 27 | 942 | HUMPHREY, RYAN | 38:34.3 | 38:01.0 | 39 | CAROLINA BEACH | NC |
| 28 | 481 | MURPHY, KEVIN | 40:36.8 | 38:54.1 | 36 | CAROLINA BEACH | NC |
| 29 | 628 | PASCHAL, LAVAR | 40:58.8 | 40:47.9 | 36 | GOLDSBORO | NC |
| 30 | 1001 | PANNELL, CHRIS | 41:19.9 | 40:56.6 | 39 | WILMINGTON | NC |
| 31 | 1143 | NYE, JASON | 41:34.0 | 40:03.0 | 38 | CAROLINA BEACH | NC |

| Position | Bib # | Name | Official Time | Chip Time | Age | City | State |
|----------|-------|--------------------|---------------|-----------|-----|----------------|-------|
| 32 | 569 | NELSON, CRAIG | 41:53.3 | 39:25.4 | 36 | WILMINGTON | NC |
| 33 | 1185 | COSMARTIE, DAMIEN | 42:25.6 | 36:34.0 | 35 | | NC |
| 34 | 578 | YOUNG, CHRIS | 42:41.6 | 39:03.2 | 38 | WILMINGTON | NC |
| 35 | 493 | CAPPS, DERRICK | 42:54.4 | 40:50.4 | 38 | HAMPSTEAD | NC |
| 36 | 738 | GRAHAM, DANNY | 43:25.2 | 41:22.7 | 35 | RALEIGH | NC |
| 37 | 766 | DONOVAN, BRIAN | 45:00.9 | 45:00.9 | 36 | WILMINGTON | NC |
| 38 | 656 | REILLY, ZAC | 48:13.4 | 47:52.0 | 39 | CAROLINA BEACH | NC |
| 39 | 488 | TACHENY, KEVIN | 1:00:02.3 | 55:31.5 | 36 | BLOWING ROCK | NC |
| 40 | 1024 | REAMS, PATRICK | 1:13:50.4 | 1:10:31.6 | 38 | WILMINGTON | NC |
| 41 | 743 | HARTINGER, MATTHEW | 1:17:25.4 | 1:17:25.4 | 36 | ROCKY POINT | NC |
| 42 | 975 | MANDATO, BRIAN | 1:17:37.0 | 1:11:13.4 | 35 | CAROLINA BEACH | NC |

5K MALE 40 - 44 - based on Gun Elapsed time

| | | | | | | | |
|----|------|---------------------|---------|---------|----|----------------|----|
| 1 | 721 | ZINNER, GREG | 18:55.9 | 18:55.9 | 41 | CAROLINA BEACH | NC |
| 2 | 987 | MEISTER, BENJAMIN | 21:04.4 | 21:01.8 | 40 | CAROLINA BEACH | NC |
| 3 | 924 | HARMON, JACK | 22:14.4 | 21:54.4 | 42 | BRISTOL | VA |
| 4 | 455 | SHAUGHNESSY, TIM | 23:06.7 | 22:58.1 | 43 | WILMINGTON | NC |
| 5 | 918 | GUNN, BRENDAN | 23:08.4 | 23:08.4 | 40 | GREENSBORO | NC |
| 6 | 620 | ACOSTA, MICHAEL | 23:15.3 | 23:09.7 | 40 | NEW BERN | NC |
| 7 | 899 | ELDRIDGE, EDDIE | 23:46.3 | 23:38.1 | 43 | HOPE MILLS | NC |
| 8 | 846 | BRUNO, DANIEL | 24:06.1 | 24:02.5 | 41 | WILMINGTON | NC |
| 9 | 814 | ATWILL, RICK | 25:20.3 | 25:03.4 | 40 | CHARLOTTE | NC |
| 10 | 316 | BREED, KEVIN | 25:46.6 | 25:31.6 | 40 | CAROLINA BEACH | NC |
| 11 | 851 | BURKHARDT, THOMAS | 26:49.1 | 26:39.6 | 42 | CARY | NC |
| 12 | 346 | FRAZIER, CHRIS | 27:20.0 | 26:42.5 | 43 | WILMINGTON | NC |
| 13 | 434 | ROYAL, CHRIS | 27:57.0 | 27:32.3 | 43 | WILMINGTON | NC |
| 14 | 979 | MARKS, TOD | 29:07.0 | 28:43.3 | 42 | HOLLY SPRINGS | NC |
| 15 | 729 | HOLLEN, GEORGE | 29:40.2 | 29:15.5 | 42 | WILMINGTON | NC |
| 16 | 1189 | BARBER, GREG | 29:52.6 | 26:58.3 | 40 | CAROLINA BEACH | NC |
| 17 | 1069 | TANSEY, CHRISTOPHER | 30:00.0 | 29:41.2 | 42 | WILMINGTON | NC |
| 18 | 747 | MACKAY, JASON | 30:45.6 | 30:01.9 | 42 | CHARLOTTE | NC |
| 19 | 527 | GAY, MARTYN | 31:54.9 | 31:12.7 | 43 | WILMINGTON | NC |
| 20 | 694 | GADALLA, DAVID | 32:07.4 | 30:26.5 | 41 | CAROLINA BEACH | NC |
| 21 | 745 | KNOTT, HEATH | 32:20.5 | 31:36.3 | 42 | CHARLOTTE | NC |
| 22 | 470 | GRATWICK, KEVIN | 35:02.0 | 33:16.8 | 40 | WILMINGTON | NC |
| 23 | 697 | JACKSON, EDDIE | 35:07.3 | 33:50.0 | 44 | CAROLINA BEACH | NC |
| 24 | 959 | LACOE, CHRISTOPHER | 37:48.4 | 37:48.4 | 41 | WINNABOW | NC |
| 25 | 550 | BOWLING, CHRIS | 38:44.9 | 38:09.7 | 41 | CHARLOTTE | NC |
| 26 | 1018 | RAMSEY, CHAD | 39:08.9 | 39:08.9 | 44 | HAMPSTEAD | NC |
| 27 | 689 | FLORA, SCOTT | 40:25.1 | 40:25.1 | 40 | BOLIVIA | NC |
| 28 | 1025 | REILLY, KEVIN | 41:43.3 | 38:11.2 | 41 | WILMINGTON | NC |
| 29 | 803 | GROGAN, MILES | 42:12.3 | 41:33.3 | 42 | SNEADS FERRY | NC |
| 30 | 562 | CAUSBY, FRITTS | 43:30.3 | 39:39.9 | 40 | WILMINGTON | NC |
| 31 | 801 | CHALMERS, CHAD | 46:36.1 | 46:36.1 | 44 | CAROLINA BEACH | NC |
| 32 | 607 | BRITT, TOM | 46:39.6 | 43:05.0 | 42 | WILMINGTON | NC |
| 33 | 837 | BRAMHALL, ROB | 47:06.4 | 47:06.4 | 41 | CAROLINA BEACH | NC |
| 34 | 430 | PAEN, ALEX | 49:39.0 | 45:57.8 | 40 | CAROLINA BEACH | NC |
| 35 | 305 | CHASTEEN, SHANE | 59:08.2 | 56:04.4 | 40 | CAROLINA BEACH | NC |

5K MALE 45 - 49 - based on Gun Elapsed time

| | | | | | | | |
|---|------|--------------------|---------|---------|----|------------|----|
| 1 | 955 | KNOTT, PAUL | 24:10.0 | 23:54.5 | 48 | WILMINGTON | NC |
| 2 | 1077 | TREPPPEL, MATT | 24:17.4 | 24:08.5 | 46 | WILMINGTON | NC |
| 3 | 798 | DUTCHIE, THEREGOES | 25:02.9 | 24:42.4 | 48 | WILMINGTON | NC |
| 4 | 948 | JOHNSON, JOE | 25:37.2 | 25:37.2 | 45 | WILMINGTON | NC |
| 5 | 996 | NEWSOME, GARRICK | 26:12.4 | 25:49.9 | 47 | WILMINGTON | NC |
| 6 | 354 | KNIGHT, WES | 28:06.4 | 27:47.4 | 47 | KURE BEACH | NC |
| 7 | 998 | OGLE, RICHARD | 28:35.0 | 28:35.0 | 46 | WILMINGTON | NC |

| Position | Bib # | Name | Official Time | Chip Time | Age | City | State |
|----------|-------|----------------------|---------------|-----------|-----|----------------|-------|
| 8 | 1163 | KINN, BRIAN | 28:50.4 | 28:50.4 | 46 | WILMINGTON | NC |
| 9 | 1156 | TA, TUAN | 29:26.7 | 28:46.4 | 49 | CAROLINA BEACH | NC |
| 10 | 685 | ATANASOFF, ERIC | 31:07.5 | 30:33.6 | 45 | WILMINGTON | NC |
| 11 | 435 | STOUT, CHRIS | 31:18.1 | 27:36.7 | 47 | CAROLINA BEACH | NC |
| 12 | 457 | BARBERICH, EJ | 32:47.1 | 31:48.9 | 46 | WILMINGTON | NC |
| 13 | 904 | FOLTZ, KENNY | 33:02.9 | 32:33.3 | 46 | WILMINGTON | NC |
| 14 | 882 | DEAN, TRACY | 33:41.9 | 33:30.0 | 48 | CAROLINA BEACH | NC |
| 15 | 680 | MAYNARD, BRAD | 35:01.3 | 32:16.1 | 47 | WILMINGTON | NC |
| 16 | 829 | BONNEY, ANTHONY | 36:15.5 | 34:32.5 | 45 | CLINTON | NC |
| 17 | 808 | ALDRIDGE, RANDY | 37:46.7 | 37:01.9 | 49 | CAROLINA BCH | NC |
| 18 | 332 | MORINI, LOU | 38:36.4 | 35:32.5 | 46 | CAROLINA BEACH | NC |
| 19 | 1167 | RHOADES, MARK | 40:08.6 | 40:08.6 | 48 | HILLSBOROUGH | NC |
| 20 | 892 | DUNN, BOB | 40:11.4 | 38:20.9 | 45 | CAROLINA BEACH | NC |
| 21 | 369 | WILLIAMS, CHRIS | 40:14.3 | 39:49.6 | 47 | WILMINGTON | NC |
| 22 | 327 | LAVENGOOD, NED | 41:56.5 | 38:05.4 | 48 | WILMINGTON | NC |
| 23 | 845 | BROYHILL, MIKE | 42:20.7 | 41:08.5 | 46 | WILMINGTON | NC |
| 24 | 1129 | BARBOUR, MATHEW | 42:40.1 | 38:05.0 | 46 | WILMINGTON | NC |
| 25 | 423 | SPURLEY, SHANE | 42:53.6 | 42:23.3 | 47 | CAROLINA BEACH | NC |
| 26 | 515 | BROWNE, CHARLES | 45:04.7 | 44:09.7 | 45 | CAROLINA BEACH | NC |
| 27 | 343 | FORBES, JON | 49:24.1 | 43:00.6 | 47 | WILMINGTON | NC |
| 28 | 797 | MILLEN, BRIAN | 51:11.6 | 46:49.4 | 48 | WILMINGTON | NC |
| 29 | 595 | BOWLES, DAVID | 57:34.4 | 57:34.4 | 48 | CAROLINA BEACH | NC |
| 30 | 768 | HUDSON, TIMOTHY KIRK | 1:32:17.9 | 1:26:47.4 | 46 | ROSEBORO | NC |

5K MALE 50 - 54 - based on Gun Elapsed time

| | | | | | | | |
|----|------|-------------------------|-----------|-----------|----|----------------|----|
| 1 | 421 | SCHMIDT, JEFF | 21:23.0 | 21:20.4 | 51 | WILMINGTON | NC |
| 2 | 1122 | TURNER, BILLY | 22:01.9 | 22:00.1 | 53 | CAOLINA BEACH | NC |
| 3 | 911 | GOYNE, MIKE | 22:52.8 | 22:52.8 | 51 | WILMINGTON | NC |
| 4 | 1048 | SHAVER, R. TODD | 24:00.2 | 23:19.4 | 51 | WILMINGTON | NC |
| 5 | 348 | HOPPER, JAY | 24:06.6 | 24:03.0 | 53 | WILMINGTON | NC |
| 6 | 644 | LAPERRIERE, LUKE | 28:16.6 | 28:09.3 | 54 | CAROLINA BEACH | NC |
| 7 | 1176 | CINNELLY, TIM | 28:52.1 | 27:00.9 | 52 | CAROLINA BEACH | NC |
| 8 | 1170 | BECKHART, GORDON | 28:59.2 | 28:28.9 | 53 | KURE BEACH | NC |
| 9 | 448 | MOSHER, REAGAN | 29:59.2 | 28:21.3 | 51 | WILMINGTON | NC |
| 10 | 1033 | ROE, TYSON | 31:29.2 | 30:59.9 | 53 | RALEIGH | NC |
| 11 | 711 | HORN, MARTIN | 31:56.5 | 31:36.7 | 52 | CAROLINA BEACH | NC |
| 12 | 338 | WRIGHT, STEVE | 33:01.0 | 32:41.7 | 53 | CAROLINA BEACH | NC |
| 13 | 983 | MASS, LAURENCE | 36:27.9 | 36:23.5 | 50 | WILMINGTON | NC |
| 14 | 1006 | PASQUARETTE, MARK | 36:40.0 | 36:40.0 | 53 | WILMINGTON | NC |
| 15 | 551 | CARR, ROBERT | 36:43.6 | 36:09.5 | 53 | WILMINGTON | NC |
| 16 | 355 | LANEY, GEORGE | 37:20.3 | 36:41.4 | 53 | WILMINGTON | NC |
| 17 | 608 | MURPHY, MATT | 39:11.8 | 35:10.9 | 54 | WILMINGTON | NC |
| 18 | 432 | ROSADO, VIC | 40:49.2 | 40:00.2 | 54 | SOUTHPORT | NC |
| 19 | 371 | WILSON, ROBERT | 40:55.0 | 40:55.0 | 54 | CAROLINA BEACH | NC |
| 20 | 1104 | WRECSICS, JAMIE | 42:09.5 | 41:39.5 | 53 | HEBRON | IN |
| 21 | 636 | ATKINSON, PAUL | 42:43.3 | 41:22.1 | 52 | RALEIGH | NC |
| 22 | 613 | DA SAN MARTINO, ANTHONY | 42:54.5 | 40:08.9 | 54 | WILMINGTON | NC |
| 23 | 1194 | WILLIAM, TODD | 47:11.1 | 44:43.2 | 53 | KURE BEACH | NC |
| 24 | 725 | ALEXANDERJR, RICHARD | 49:15.7 | 48:43.5 | 54 | ELLCOTT CITY | MD |
| 25 | 1117 | POWELL, LARRY | 54:57.1 | 49:44.4 | 54 | CAROLINA BEACH | NC |
| 26 | 748 | SCHOOLER, ADAM | 1:02:22.2 | 58:53.8 | 50 | CHARLOTTE | NC |
| 27 | 840 | BRIT, DAVID | 1:05:19.3 | 1:01:54.7 | 50 | CAROLINA BCH | NC |

5K MALE 55 - 59 - based on Gun Elapsed time

| | | | | | | | |
|---|------|-------------------|---------|---------|----|----------------|----|
| 1 | 728 | HENRY, PHIL | 21:35.1 | 21:35.1 | 56 | WILMINGTON | NC |
| 2 | 487 | STRICKLAND, ROBBY | 24:15.9 | 24:07.0 | 57 | CAROLINA BEACH | NC |
| 3 | 1162 | DAVIS, DENNIS | 25:44.0 | 25:36.2 | 56 | WILMINGTON | NC |

| Position | Bib # | Name | Official Time | Chip Time | Age | City | State |
|----------|-------|--------------------|---------------|-----------|-----|----------------|-------|
| 4 | 475 | KNIGHTON, KEITH | 27:22.3 | 27:22.3 | 59 | WILMINGTON | NC |
| 5 | 813 | ASHBRIDGE, BYRON | 28:51.4 | 28:28.9 | 58 | CHARLOTTE | NC |
| 6 | 671 | SPHAR, DOUG | 29:22.9 | 29:22.9 | 59 | WILMINGTON | NC |
| 7 | 823 | BERNSTEIN, BARNETT | 29:49.4 | 29:49.4 | 58 | RALEIGH | NC |
| 8 | 603 | VASQUEZ, WILLIAM | 31:09.4 | 29:22.8 | 58 | CAROLINA BEACH | NC |
| 9 | 727 | MCHALE, MIKE | 31:17.9 | 30:46.6 | 55 | MARRIOTTSVILLE | MD |
| 10 | 977 | MARCUM, DON | 32:03.7 | 31:27.6 | 57 | WILMINGTON | NC |
| 11 | 531 | SWEETZ, JOHN | 33:16.3 | 31:03.0 | 55 | WILMINGTON | NC |
| 12 | 1035 | RUTH, WILSON | 34:57.6 | 33:40.9 | 55 | STATESVILLE | NC |
| 13 | 912 | GRAINGER, JAY | 37:11.7 | 35:57.4 | 55 | LILLINGTON | NC |
| 14 | 610 | STOKES, STEVE | 39:04.9 | 35:21.2 | 58 | WILMINGTON | NC |
| 15 | 757 | HIGHSMITH, MOSE | 39:18.8 | 38:34.5 | 57 | LELAND | NC |
| 16 | 1125 | DOUGHERTY, DAVID | 46:28.4 | 44:34.0 | 56 | WILMINGTON | NC |
| 17 | 709 | HESTER, DERYL | 1:05:23.9 | 1:05:23.9 | 59 | CAROLINA BEACH | NC |
| 18 | 989 | MORRIS, HOWARD | 1:09:08.7 | 1:09:08.7 | 58 | MIDLOTHIAN | VA |
| 19 | 588 | HOLCOMB, MARVIN | 1:17:57.3 | 1:12:28.9 | 57 | PIKEVILLE | NC |
| 20 | 890 | DOWD, JOHN | 1:22:26.9 | 1:17:03.9 | 58 | LELAND | NC |

5K MALE 60 - 64 - based on Gun Elapsed time

| | | | | | | | |
|----|------|--------------------|---------|---------|----|----------------|----|
| 1 | 921 | HARDY, CHARLIE | 33:27.2 | 32:40.9 | 60 | KURE BEACH | NC |
| 2 | 1145 | GARIBAY, TONY | 34:56.6 | 33:56.3 | 60 | KURE BEACH | NC |
| 3 | 956 | KRATZER, CARROLL | 35:12.0 | 33:49.7 | 62 | RALEIGH | NC |
| 4 | 992 | NANCE, BILL | 36:26.8 | 36:26.8 | 61 | WALNUT COVE | NC |
| 5 | 649 | PICCININ, MARIO | 36:29.3 | 36:16.8 | 61 | CAROLINA BEACH | NC |
| 6 | 1014 | POSTEMSKI, TED | 37:12.6 | 37:12.6 | 60 | WILMINGTON | NC |
| 7 | 881 | DAVIDSON, PARKS | 38:42.8 | 37:20.7 | 63 | MOORESVILLE | NC |
| 8 | 716 | BOYER, BILL | 45:38.3 | 44:30.1 | 60 | FAYETTEVILLE | NC |
| 9 | 907 | GAUSE, STEVE | 50:10.2 | 48:28.9 | 64 | CASTLE HAYNE | NC |
| 10 | 385 | WINGFIELD, RANDALL | 52:25.7 | 51:50.2 | 63 | STATESVILLE | NC |

5K MALE 65+ - based on Gun Elapsed time

| | | | | | | | |
|----|------|-------------------|-----------|-----------|----|----------------|----|
| 1 | 425 | ZINNER, GERALD | 27:25.6 | 27:06.5 | 72 | SHALLOTTE | NC |
| 2 | 1111 | PARKER, NICKY | 32:21.8 | 30:46.7 | 66 | WILMINGTON | NC |
| 3 | 832 | BOTH, RICK | 34:32.4 | 34:04.7 | 69 | CAROLINA BEACH | NC |
| 4 | 937 | HIGGINS, GREG | 39:29.6 | 38:37.6 | 71 | CAROLINA BEACH | NC |
| 5 | 658 | SMITH, ROBERT | 41:45.7 | 41:45.7 | 66 | CAROLINA BEACH | NC |
| 6 | 822 | BELL, DAN | 42:20.8 | 41:24.6 | 73 | WILMINGTON | NC |
| 7 | 835 | BOWEN, LES | 42:22.6 | 41:06.8 | 70 | KURE BEACH | NC |
| 8 | 1105 | YOUNG, BOB | 45:41.9 | 45:41.9 | 66 | WILMINGTON | NC |
| 9 | 896 | EDWARDS, TERRY | 47:13.2 | 44:47.6 | 67 | KURE BEACH | NC |
| 10 | 903 | FLYNN, JOHN | 55:23.2 | 54:46.7 | 75 | CAROLINA BEACH | NC |
| 11 | 1113 | HENRY, ROY | 1:01:19.1 | 57:18.7 | 85 | WILMINGTON | NC |
| 12 | 984 | MCCUISTON, GEORGE | 1:02:08.6 | 1:02:08.6 | 75 | CAROLINA BEACH | NC |
| 13 | 1131 | N. PARE, RENE | 1:16:02.9 | 1:14:43.8 | 85 | WILMINGTON | NC |

5K MALE AGE NOT GIVEN - based on Gun Elapsed time

| | | | | | | | |
|---|------|----------------|---------|---------|----|------------|----|
| 1 | 1160 | SCOTT, TONY | 32:15.6 | 31:40.7 | 99 | WILMINGTON | NC |
| 2 | 785 | MITCHELL, DAVY | 52:24.3 | 51:45.3 | 99 | KURE BEACH | NC |

5K FEMALE 9 & UNDER - based on Gun Elapsed time

| | | | | | | | |
|---|------|-----------------|---------|---------|---|----------------|----|
| 1 | 414 | MCKEE, HOLLY | 28:19.6 | 28:06.9 | 9 | CAROLINA BEACH | NC |
| 2 | 666 | INSKEEP, ADDIE | 29:55.0 | 29:34.7 | 7 | WINNABOW | NC |
| 3 | 667 | INSKEEP, ELLA | 30:10.0 | 30:10.0 | 7 | WINNABOW | NC |
| 4 | 1174 | DAVIS, NAOMI | 31:07.6 | 31:04.0 | 9 | WILMINGTON | NC |
| 5 | 864 | CHMIEL, HAVANAH | 32:17.3 | 32:02.2 | 8 | CAROLINA BEACH | NC |

| Position | Bib # | Name | Official Time | Chip Time | Age | City | State |
|----------|-------|------------------------|---------------|-----------|-----|----------------|-------|
| 6 | 1007 | PEENS, BIANCA | 32:59.5 | 32:55.5 | 9 | WILMINGTON | NC |
| 7 | 1123 | PLETCHER, BROOKE | 34:22.5 | 34:06.7 | 9 | WILMINGTON | NC |
| 8 | 863 | CHISHOLM, NAOMI | 35:04.7 | 34:19.6 | 8 | WILMINGTON | NC |
| 9 | 367 | VANSCOY, KAITLYN | 35:05.5 | 34:54.1 | 8 | CAROLINA BEACH | NC |
| 10 | 830 | BONNEY, GABI | 36:15.4 | 36:15.4 | 8 | CLINTON | NC |
| 11 | 982 | MASS, LAUREN | 36:28.0 | 36:23.5 | 8 | WILMINGTON | NC |
| 12 | 842 | BROWN, NADIA | 36:35.5 | 35:48.4 | 9 | WILMINGTON | NC |
| 13 | 1039 | SARIKAYA, NAZ | 36:53.6 | 36:00.5 | 9 | WILMINGTON | NC |
| 14 | 1166 | BRAZZLE, JOSSY | 38:04.2 | 37:25.8 | 6 | FAYETTEVILLE | NC |
| 15 | 1127 | NOLAN, ABIGAIL | 38:30.4 | 37:57.7 | 9 | WILMINGTON | NC |
| 16 | 1019 | RAMSEY, CHARLOTTE | 39:07.9 | 36:14.3 | 7 | HAMPSTEAD | NC |
| 17 | 467 | ESLINGER, KAITLYN | 39:44.9 | 38:58.2 | 9 | WILMINGTON | NC |
| 18 | 627 | PASCHAL, AYANA | 45:23.5 | 45:13.4 | 6 | GOLDSBORO | NC |
| 19 | 391 | SLOWC, REN | 45:37.2 | 44:29.2 | 8 | WILMINGTON | NC |
| 20 | 653 | REILLY, GREENLEA | 46:46.0 | 46:24.9 | 8 | CAROLINA BEACH | NC |
| 21 | 1045 | SHAVER, ELSIE | 48:48.4 | 47:42.7 | 7 | WILMINGTON | NC |
| 22 | 1083 | VU, MINH ""ASHLEY"" | 50:43.6 | 50:43.6 | 9 | WILMINGTON | NC |
| 23 | 1100 | WOMBLE, QUINN | 1:01:04.2 | 1:00:49.9 | 8 | WILMINGTON | NC |
| 24 | 741 | HARTINGER, JUNIPER | 1:17:25.7 | 1:17:25.7 | 2 | ROCKY POINT | NC |
| 25 | 555 | GILBERTSEN, ELIZA ROSE | 1:19:03.2 | 1:12:49.5 | 6 | WILMINGTON | NC |

5K FEMALE 10 - 14 - based on Gun Elapsed time

| | | | | | | | |
|----|------|-----------------------|-----------|-----------|----|----------------|----|
| 1 | 420 | SAWYER, ELLE | 23:32.9 | 23:31.6 | 10 | CAROLINA BEACH | NC |
| 2 | 1010 | PERDUE, RILEY | 27:52.8 | 27:47.5 | 13 | WILMINGTON | NC |
| 3 | 952 | KING, ANNA | 28:36.2 | 28:36.2 | 13 | CAROLINA BEACH | NC |
| 4 | 855 | BYERS-OGLE, LOUISE | 28:36.6 | 28:36.6 | 12 | WILMINGTON | NC |
| 5 | 1140 | YONKERS, LONDON | 30:09.0 | 29:16.2 | 10 | WILMINGTON | NC |
| 6 | 1047 | SHAVER, JOY | 31:05.9 | 30:24.6 | 12 | WILMINGTON | NC |
| 7 | 654 | REILLY, ISABELLA | 31:20.9 | 31:00.2 | 10 | CAROLINA BEACH | NC |
| 8 | 342 | FORBES, EMMA GRAYSON | 31:47.6 | 31:47.6 | 11 | WILMINGTON | NC |
| 9 | 376 | BRADFORD, SOPHIA | 32:29.2 | 28:17.6 | 14 | WILMINGTON | NC |
| 10 | 1079 | TSEH, BELLA KAI | 33:13.7 | 32:22.1 | 10 | WILMINGTON | NC |
| 11 | 865 | CHMIEL, SOLANA | 33:41.8 | 33:26.5 | 10 | CAROLINA BEACH | NC |
| 12 | 317 | BURGHARDT, ALEXA | 33:48.7 | 33:27.2 | 13 | WILMINGTON | NC |
| 13 | 325 | LAVENGOOD, LIZA | 34:05.0 | 34:05.0 | 13 | WILMINGTON | NC |
| 14 | 1134 | BEKE, EMMA | 34:14.0 | 33:24.2 | 11 | WILMINGTON | NC |
| 15 | 1064 | SULLIVAN, MARIA | 34:15.5 | 33:25.8 | 10 | WILMINGTON | NC |
| 16 | 1148 | FINNAN, RAEANN | 36:36.8 | 32:40.1 | 13 | WILMINGTON | NC |
| 17 | 429 | MAYO, KELLY | 37:06.2 | 33:28.4 | 12 | WILMINGTON | NC |
| 18 | 1022 | RAYLE, AVA | 41:01.7 | 41:01.7 | 10 | WILMINGTON | NC |
| 19 | 1099 | WOMBLE, MALIA | 41:09.6 | 40:54.2 | 10 | WILMINGTON | NC |
| 20 | 1192 | MASON, KAYLEE | 44:22.6 | 42:46.6 | 10 | WILMINGTON | NC |
| 21 | 388 | EVANS, WELLA | 45:37.2 | 44:29.5 | 11 | FARMVILLE | VA |
| 22 | 599 | CHALMERS, MADISON | 46:36.2 | 41:22.4 | 14 | CAROLINA BEACH | NC |
| 23 | 1044 | SHAVER, CAROLINE | 48:48.8 | 47:42.9 | 14 | WILMINGTON | NC |
| 24 | 344 | FORBES, OLIVIA BINDER | 48:52.5 | 48:52.5 | 11 | WILMINGTON | NC |
| 25 | 1089 | WEEKS, LILA | 49:34.5 | 48:35.9 | 10 | KURE BEACH | NC |
| 26 | 374 | BRADFORD, JULIA | 52:47.0 | 48:31.9 | 11 | WILMINGTON | NC |
| 27 | 740 | HARTINGER, ISABELLA | 1:17:25.7 | 1:15:44.1 | 11 | ROCKY POINT | NC |

5K FEMALE 15 - 19 - based on Gun Elapsed time

| | | | | | | | |
|---|------|------------------|---------|---------|----|----------------|----|
| 1 | 634 | WINCHIP, MARICA | 26:22.3 | 26:19.6 | 16 | CAROLINA BEACH | NC |
| 2 | 807 | ABLES, KENSLEIGH | 27:36.7 | 27:36.7 | 19 | WILMINGTON | NC |
| 3 | 850 | BULLARD, AUDRA | 27:47.2 | 27:13.8 | 17 | CAROLINA BEACH | NC |
| 4 | 910 | GOYNE, FAITH | 28:10.4 | 27:57.4 | 17 | WILMINGTON | NC |
| 5 | 1046 | SHAVER, JANE | 28:53.4 | 28:11.9 | 15 | WILMINGTON | NC |
| 6 | 402 | PRUSA, BOBBI | 33:48.6 | 33:37.4 | 16 | CAROLINA BEACH | NC |

| Position | Bib # | Name | Official Time | Chip Time | Age | City | State |
|----------|-------|-------------------|---------------|-----------|-----|----------------|-------|
| 7 | 875 | CONGER, JESSICA | 33:58.9 | 33:09.2 | 16 | GOLDSBORO | NC |
| 8 | 365 | TROUTWINE, EMILEE | 37:52.5 | 37:52.5 | 17 | WILMINGTON | NC |
| 9 | 893 | DUNN, HALEY | 40:06.1 | 38:16.5 | 16 | CAROLINA BEACH | NC |
| 10 | 459 | BARBERICH, RONI | 43:58.3 | 42:59.7 | 15 | WILMINGTON | NC |
| 11 | 334 | SANDERS, LINDSEY | 46:41.6 | 43:28.7 | 15 | WILMINGTON | NC |

5K FEMALE 20 - 24 - based on Gun Elapsed time

| | | | | | | | |
|----|------|--------------------|-----------|-----------|----|----------------|----|
| 1 | 1041 | SCHAREN, DANIELLE | 22:44.3 | 22:44.3 | 22 | CARY | NC |
| 2 | 857 | CARR, MEGHAN | 23:41.2 | 23:34.4 | 24 | SOUTHPORT | NC |
| 3 | 816 | BASCIANO, KIERSTEN | 28:57.8 | 28:10.8 | 22 | STEVENSVILLE | MD |
| 4 | 1032 | ROE, HANNAH | 30:03.5 | 29:34.5 | 21 | RALEIGH | NC |
| 5 | 787 | PLOTNER, KARA | 31:11.5 | 31:00.0 | 20 | WILMINGTON | NC |
| 6 | 403 | PRUSA, HALYN | 31:12.0 | 31:00.1 | 22 | WILMINGTON | NC |
| 7 | 1161 | DAVIS, ANASTASIA | 31:31.1 | 31:24.2 | 21 | CHARLOTTE | NC |
| 8 | 449 | THOMPSON, SHANNON | 32:13.6 | 30:26.3 | 24 | WILMINGTON | NC |
| 9 | 927 | HARRIS, KATELYNN | 34:12.8 | 33:54.5 | 21 | WILMINGTON | NC |
| 10 | 623 | AVERY, LAUREN | 35:08.4 | 35:02.6 | 24 | CAROLINA BEACH | NC |
| 11 | 465 | DWELLY, CAITLIN | 35:10.4 | 32:48.3 | 24 | WILMINGTON | NC |
| 12 | 565 | FAGAN, CAYCE | 36:00.1 | 36:00.1 | 23 | WILMINGTON | NC |
| 13 | 574 | SIMPSON, AMELIA | 37:29.2 | 33:44.1 | 23 | WILMINGTON | NC |
| 14 | 1106 | YOUNG, KRISTEN | 37:44.3 | 37:16.9 | 20 | WILMINGTON | NC |
| 15 | 407 | WIGGINS, ANN | 39:35.5 | 39:22.1 | 24 | WILMINGTON | NC |
| 16 | 970 | LONG, KRISTA | 40:57.7 | 36:57.1 | 20 | CLEMMONS | NC |
| 17 | 534 | FORD, KAYLA | 44:32.6 | 42:59.2 | 24 | WILMINGTON | NC |
| 18 | 1078 | TROGDON, ELISE | 50:49.7 | 50:49.7 | 20 | RALEIGH | NC |
| 19 | 670 | SPHAR, DANIELLE | 59:26.9 | 57:14.7 | 22 | WILMINGTON | NC |
| 20 | 573 | SHIPWASH, CARLY | 1:00:13.9 | 1:00:13.9 | 24 | WILMINGTON | NC |
| 21 | 695 | ANDERSON, KELSEY | 1:09:09.0 | 1:04:09.8 | 23 | WILMINGTON | NC |

5K FEMALE 25 - 29 - based on Gun Elapsed time

| | | | | | | | |
|----|------|------------------------|---------|---------|----|----------------|----|
| 1 | 923 | HARMON, BAILEY | 24:53.1 | 24:53.1 | 28 | WILMINGTON | NC |
| 2 | 859 | CHEREWKA, ALEXIS | 25:53.4 | 25:44.0 | 26 | WILMINGTON | NC |
| 3 | 1158 | STRAWN, NIKKI | 27:13.9 | 26:47.6 | 29 | WILMINGTON | NC |
| 4 | 1036 | SACHS, ABBY | 28:33.3 | 27:39.2 | 26 | CAROLINA BEACH | NC |
| 5 | 1190 | BARBER, AMBER | 29:52.8 | 26:58.5 | 28 | CAROLINA BEACH | NC |
| 6 | 1187 | QUIRK, ELIZABETH | 30:29.1 | 29:46.6 | 27 | CAROLINA BEACH | NC |
| 7 | 884 | DESCOUROUEZ, STEPHANIE | 30:31.3 | 30:12.9 | 29 | WILLOW SPRING | NC |
| 8 | 1051 | SHOAF, LINZY | 31:07.1 | 30:47.9 | 28 | CASTLE HAYNE | NC |
| 9 | 838 | BRENNAN, ASHLEY | 31:13.9 | 30:38.5 | 28 | WILMINGTON | NC |
| 10 | 479 | MCDANIEL, ERIN | 31:19.9 | 30:43.0 | 25 | CAROLINA BEACH | NC |
| 11 | 541 | THEMANN, MADELINE | 31:23.5 | 31:23.5 | 25 | WILMINGTON | NC |
| 12 | 1052 | SIEPRAWSKI, MEGAN | 32:28.0 | 32:28.0 | 27 | DURHAM | NC |
| 13 | 306 | COX, BETH | 32:31.3 | 32:20.4 | 28 | WILMINGTON | NC |
| 14 | 938 | HIRSCHFIELD, ASHLEY | 32:52.0 | 29:44.7 | 25 | DURHAM | NC |
| 15 | 359 | MCHONE, SHANNON | 33:14.9 | 32:42.9 | 29 | WILMINGTON | NC |
| 16 | 399 | MCLEAN, ALEXIS | 33:46.7 | 33:32.3 | 25 | CAROLINA BEACH | NC |
| 17 | 812 | ANDREWS, SARAH | 34:09.0 | 33:30.3 | 28 | WILMINGTON | NC |
| 18 | 833 | BOULIER, EMILY | 34:36.4 | 32:40.1 | 29 | WILMINGTON | NC |
| 19 | 1119 | SMITH, KARI-ANN | 35:54.6 | 35:54.6 | 29 | WILMINGTON | NC |
| 20 | 960 | LACOE, KRISTEN | 37:48.2 | 37:48.2 | 29 | WINNABOW | NC |
| 21 | 303 | HATCH, EMILY | 37:56.7 | 37:56.7 | 27 | WILMINGTON | NC |
| 22 | 878 | CUMMINGS, SUMMER | 38:14.1 | 35:31.7 | 27 | WILMINGTON | NC |
| 23 | 309 | JENSEN, JENNIFER | 38:38.6 | 36:10.0 | 25 | WILMINGTON | NC |
| 24 | 437 | BAKER, LINDSEY | 38:45.0 | 38:20.0 | 26 | WILMINGTON | NC |
| 25 | 553 | MCINTOSH, ALEX | 38:48.2 | 38:48.2 | 28 | CHARLOTTE | NC |
| 26 | 530 | SWEAT, MAEGEN | 39:27.9 | 38:17.2 | 27 | CHARLOTTE | NC |
| 27 | 466 | ESLINGER, BRITTANY | 40:03.7 | 40:03.7 | 27 | WILMINGTON | NC |

| Position | Bib # | Name | Official Time | Chip Time | Age | City | State |
|----------|-------|---------------------|---------------|-----------|-----|----------------|-------|
| 28 | 815 | BALDWIN, ELIZA | 40:35.0 | 38:34.0 | 29 | WILMINGTON | NC |
| 29 | 480 | MURPHY, DANIELLE | 40:36.8 | 38:53.9 | 28 | CAROLINA BEACH | NC |
| 30 | 802 | FLYTHE, LAUREN | 40:52.9 | 39:20.3 | 28 | WILMINGTON | NC |
| 31 | 1016 | PURCELL, EMILY | 41:07.7 | 39:04.6 | 26 | WILMINGTON | NC |
| 32 | 1183 | BURBICH, RACHEL | 41:07.8 | 39:04.2 | 27 | WILMINGTON | NC |
| 33 | 684 | MCCLAMMOR, ERIN | 41:23.2 | 36:09.1 | 25 | WILMINGTON | NC |
| 34 | 322 | KAMAL, AMANDA | 41:53.1 | 38:20.9 | 28 | WILMINGTON | NC |
| 35 | 318 | BURGHARDT, ASHLEY | 42:08.3 | 38:34.6 | 29 | WILMINGTON | NC |
| 36 | 732 | KARNS, HANNAH | 42:37.0 | 40:15.5 | 25 | WILMINGTON | NC |
| 37 | 1042 | SCOTT, EMILY | 43:06.1 | 39:53.1 | 27 | GREENSBORO | NC |
| 38 | 990 | MOTT, JENNIFER | 43:13.7 | 40:02.9 | 29 | GREENSBORO | NC |
| 39 | 985 | MCMILLAN, TRACY | 43:39.1 | 43:39.1 | 26 | BREAUX BRIDGE | LA |
| 40 | 592 | DELISLE, COURTNEY | 44:17.8 | 42:45.8 | 26 | CAROLINA BEACH | NC |
| 41 | 873 | COLLINS, KELSEY | 45:48.0 | 42:52.7 | 25 | HOLLY SPRINGS | NC |
| 42 | 1030 | ROCK, KENNA | 47:12.4 | 47:12.4 | 26 | KURE BEACH | NC |
| 43 | 969 | LOEBER, KARI | 48:25.8 | 45:36.9 | 26 | WILMINGTON | NC |
| 44 | 759 | SHELOR, RUDI | 49:37.9 | 48:10.6 | 28 | WILMINGTON | NC |
| 45 | 406 | TIMMONS, SARA | 56:00.4 | 53:27.0 | 25 | CAROLINA BEACH | NC |
| 46 | 464 | DARDEN, MOLLY | 57:55.4 | 53:02.3 | 29 | WILMINGTON | NC |
| 47 | 513 | MAGILL, HEATHER | 1:04:21.0 | 1:00:27.2 | 28 | WILMINGTON | NC |
| 48 | 468 | GRAINGER, CATHERINE | 1:13:43.1 | 1:13:43.1 | 25 | WILMINGTON | NC |
| 49 | 792 | MONCRIEFF, LYNSEY | 1:15:16.4 | 1:09:00.8 | 29 | WASHINGTON | DC |

5K FEMALE 30 - 34 - based on Gun Elapsed time

| | | | | | | | |
|----|------|------------------------|---------|---------|----|----------------|----|
| 1 | 1029 | ROBINSON, SAMANTHA | 23:49.5 | 23:49.5 | 33 | CAROLINA BEACH | NC |
| 2 | 486 | STINSON, VALERIE | 24:04.7 | 23:54.2 | 31 | WILMINGTON | NC |
| 3 | 986 | MCWHORTER, ELISA | 24:10.7 | 23:56.4 | 31 | WILMINGTON | NC |
| 4 | 1142 | WHITENER, ANNA | 25:05.5 | 24:33.9 | 32 | WILMINGTON | NC |
| 5 | 665 | OBERMEYER, LAURA | 25:16.3 | 24:53.9 | 31 | CAROLINA BEACH | NC |
| 6 | 700 | MEEKS-LANIER, JENNA | 25:38.1 | 25:23.4 | 34 | WILMINGTON | NC |
| 7 | 416 | PERRY, ALISA | 26:29.1 | 26:29.1 | 34 | CAROLINA BEACH | NC |
| 8 | 735 | GENTZLER, BETH | 27:08.0 | 26:01.1 | 33 | WILMINGTON | NC |
| 9 | 1037 | SANDOE, JESSICA | 28:43.2 | 28:23.9 | 32 | TROUTMAN | NC |
| 10 | 861 | CHERRY, GENNA | 29:54.2 | 29:42.7 | 30 | WILMINGTON | NC |
| 11 | 390 | SLOWC, J | 29:56.6 | 29:28.8 | 32 | WILMINGTON | NC |
| 12 | 1139 | YONKERS, KRISTIN | 30:12.0 | 29:19.3 | 31 | WILMINGTON | NC |
| 13 | 675 | CORTES, HUNTER | 31:44.8 | 29:00.5 | 33 | WILMINGTON | NC |
| 14 | 540 | SOWARD, ELIZABETH | 32:09.1 | 30:42.5 | 31 | WILMINGTON | NC |
| 15 | 1141 | COLLIER-GRAHAM, LYNSEY | 32:21.0 | 30:18.4 | 31 | RALEIGH | NC |
| 16 | 626 | MADDEN, DELLARY | 33:01.2 | 32:51.0 | 30 | GOLDSBORO | NC |
| 17 | 314 | STANCIL, KATHERINE | 33:29.9 | 33:29.9 | 30 | WILMINGTON | NC |
| 18 | 469 | GRATWICK, AMY | 33:45.4 | 31:59.6 | 33 | WILMINGTON | NC |
| 19 | 522 | WOOTEN, GABI | 34:13.6 | 33:21.6 | 33 | CAROLINA BEACH | NC |
| 20 | 1053 | SIMMONS, ELIZABETH | 34:14.0 | 34:14.0 | 31 | WILMINGTON | NC |
| 21 | 548 | BATTLE, CATHERINE | 34:16.2 | 33:36.7 | 30 | PORTSMOUTH | VA |
| 22 | 854 | BURRY, EMILY | 34:20.4 | 33:54.5 | 30 | HAMPSTEAD | NC |
| 23 | 914 | GRIFFITH, ALANA | 34:27.6 | 34:27.6 | 31 | NASHVILLE | TN |
| 24 | 301 | LESTER, AUDREY | 34:42.5 | 34:42.5 | 33 | KANSAS CITY | MO |
| 25 | 929 | HARRIS, RENAE | 35:02.5 | 31:48.6 | 33 | WILMINGTON | NC |
| 26 | 604 | BENEGASI, MANDIE | 35:59.0 | 35:59.0 | 34 | WILMINGTON | NC |
| 27 | 1136 | BAGWELL, ISABEL | 36:05.4 | 33:47.7 | 34 | WILMINGTON | NC |
| 28 | 1147 | WIGLEY, HOLLY | 36:19.8 | 34:00.7 | 31 | WILMINGTON | NC |
| 29 | 862 | CHERRY, KATE | 36:40.8 | 35:59.8 | 32 | WILMINGTON | NC |
| 30 | 304 | MARTINI, LINDSAY | 36:44.8 | 36:44.8 | 31 | LELAND | NC |
| 31 | 1132 | HAMLET, LARA | 37:11.2 | 36:10.0 | 32 | CAROLINA BEACH | NC |
| 32 | 591 | DECONTI, JACLYN | 38:04.6 | 37:42.0 | 33 | WILMINGTON | NC |
| 33 | 349 | HRONCICH, MONIQUE | 38:39.5 | 38:12.0 | 33 | WILMINGTON | NC |
| 34 | 364 | SOX, WHITNEY | 38:40.4 | 38:12.2 | 34 | WILMINGTON | NC |

| Position | Bib # | Name | Official Time | Chip Time | Age | City | State |
|----------|-------|-----------------------|---------------|-----------|-----|----------------|-------|
| 35 | 723 | MANCHESTER, AMANDA | 38:59.3 | 38:59.3 | 33 | WILMINGTON | NC |
| 36 | 895 | EBER, SHAUNA | 39:06.1 | 38:44.7 | 32 | WILMINGTON | NC |
| 37 | 1095 | WILLIAMS, JESSICA | 39:21.9 | 39:21.9 | 32 | WILMINGTON | NC |
| 38 | 1071 | THOMPSON, JESSICA | 39:34.7 | 39:34.7 | 34 | RALEIGH | NC |
| 39 | 730 | HERD, LORI | 41:38.4 | 41:38.4 | 31 | WILMINGTON | NC |
| 40 | 1184 | CASESA, ANGELA | 41:51.4 | 36:01.8 | 33 | CARY | NC |
| 41 | 507 | GALLOWAY, MEAGHAN | 42:16.3 | 41:35.4 | 32 | WILMINGTON | NC |
| 42 | 538 | LANE, GRETCHEN | 42:30.1 | 41:01.5 | 33 | WILMINGTON | NC |
| 43 | 1128 | TIPPER, ASHLEY | 42:41.0 | 38:06.6 | 33 | WILMINGTON | NC |
| 44 | 1060 | STEWART, JULIANNE | 42:42.4 | 38:49.4 | 30 | CAROLINA BEACH | NC |
| 45 | 1114 | YANDEK, LINDSAY | 45:16.7 | 41:44.2 | 32 | WILMINGTON | NC |
| 46 | 308 | WILCOX, SHALEE | 46:22.1 | 45:50.0 | 34 | CAROLINA BEACH | NC |
| 47 | 476 | LANGE, KATIE | 47:33.0 | 43:24.5 | 33 | WILMINGTON | NC |
| 48 | 389 | HALL, TRACY | 47:34.2 | 47:34.2 | 31 | LELAND | NC |
| 49 | 733 | MORRIS, HALEY | 48:24.1 | 43:24.5 | 31 | WILMINGTON | NC |
| 50 | 825 | BISHTON, SARAH | 48:26.3 | 45:37.4 | 32 | WILMINGTON | NC |
| 51 | 954 | KLETO, ELIZABETH | 49:33.0 | 49:33.0 | 32 | CHARLOTTE | NC |
| 52 | 463 | CRISS, AMANDA | 54:00.4 | 49:29.8 | 32 | BLOWING ROCK | NC |
| 53 | 999 | OSBORNE, MELISSA DAWN | 54:34.2 | 52:58.1 | 30 | CHINA GROVE | NC |
| 54 | 575 | SKINNER, JOSIE | 54:35.5 | 50:49.7 | 32 | WILMINGTON | NC |
| 55 | 800 | PETRARCA, MONICA | 54:37.0 | 51:02.5 | 30 | GREENSBORO | NC |
| 56 | 394 | BLACKBURN, WHITNEY | 55:52.1 | 53:19.9 | 31 | CAROLINA BEACH | NC |
| 57 | 483 | SANDERS, ASHLEY | 59:40.6 | 54:37.7 | 30 | WILMINGTON | NC |
| 58 | 474 | JOHNSON, MONTRESSA | 1:01:40.4 | 1:01:40.4 | 30 | WATHA | NC |
| 59 | 679 | LOWERY, FELICIA | 1:04:56.8 | 1:03:28.1 | 30 | LELAND | NC |
| 60 | 383 | MCROGERS, MOLLY | 1:07:24.0 | 1:06:43.0 | 33 | WILMINGTON | NC |
| 61 | 749 | FERGUSON, JAMIE | 1:16:45.5 | 1:10:24.1 | 33 | CHARLOTTE | NC |
| 62 | 556 | GILBERTSEN, JESSICA | 1:19:02.5 | 1:12:47.9 | 33 | WILMINGTON | NC |

5K FEMALE 35 - 39 - based on Gun Elapsed time

| | | | | | | | |
|----|------|--------------------|---------|---------|----|----------------|----|
| 1 | 1012 | PORTER, LISA | 21:58.8 | 21:58.8 | 38 | CAROLINA BEACH | NC |
| 2 | 411 | HARRISON, AMIE | 22:33.0 | 22:33.0 | 37 | WILMINGTON | NC |
| 3 | 625 | DEES, CHRISTINA | 24:28.5 | 24:28.5 | 36 | CAROLINA BEACH | NC |
| 4 | 1112 | FRANK, ASHLEY | 24:51.9 | 24:51.9 | 39 | WILMINGTON | NC |
| 5 | 523 | FURMICK, CHRISTINE | 25:04.8 | 25:00.0 | 36 | WILMINGTON | NC |
| 6 | 701 | MONROE, RAKIYA | 25:32.9 | 25:32.9 | 36 | CAROLINA BEACH | NC |
| 7 | 847 | BRUNO, JILL | 26:59.1 | 26:59.1 | 36 | WILMINGTON | NC |
| 8 | 387 | EVANS, RITA | 27:49.0 | 27:20.6 | 35 | FARMVILLE | VA |
| 9 | 891 | DRUEPPEL, HEIDI | 28:34.0 | 28:26.4 | 39 | CAROLINA BEACH | NC |
| 10 | 496 | FAIRCLOTH, AMBER | 28:37.8 | 28:37.8 | 36 | WILMINGTON | NC |
| 11 | 968 | LOCKLEAR, SHANA | 30:06.4 | 30:06.4 | 35 | WILMINGTON | NC |
| 12 | 776 | JONES, LISA | 30:34.8 | 30:34.8 | 38 | CAROLINA BEACH | NC |
| 13 | 869 | COLEMAN, ALICIA | 31:46.5 | 29:50.6 | 38 | WILMINGTON | NC |
| 14 | 673 | BAKER, TONYA | 32:21.6 | 32:21.6 | 38 | WINNABOW | NC |
| 15 | 552 | HODGES, AUDREY | 32:50.5 | 31:43.8 | 39 | WILMINGTON | NC |
| 16 | 546 | BATTLE, MELISSA | 33:23.6 | 32:43.3 | 35 | MATTHEWS | NC |
| 17 | 1015 | POWELL, SHANNON | 33:40.7 | 32:45.8 | 38 | CARY | NC |
| 18 | 1124 | CHMIEL, HOLLY | 33:43.2 | 33:28.7 | 36 | CAROLINA BEACH | NC |
| 19 | 958 | KUEHN, HEATHER | 34:43.9 | 34:13.7 | 36 | DURHAM | NC |
| 20 | 646 | LOOKINGBILL, SARAH | 34:46.4 | 30:27.6 | 37 | CAROLINA BEACH | NC |
| 21 | 1067 | TADDEI, JULIE | 35:22.8 | 32:59.1 | 36 | WILMINGTON | NC |
| 22 | 1057 | SMITH, MELISSA | 35:23.8 | 34:33.5 | 39 | WILMINGTON | NC |
| 23 | 980 | MARTIN, NANCY | 35:45.2 | 34:54.8 | 37 | LELAND | NC |
| 24 | 767 | LINQUIST, SUSIE | 36:11.3 | 33:18.4 | 35 | CAROLINA BEACH | NC |
| 25 | 947 | JELINSKI, SARAH | 36:11.7 | 35:48.0 | 36 | WILMINGTON | NC |
| 26 | 504 | MULDOON, DARA | 36:17.9 | 32:45.7 | 36 | WILMINGTON | NC |
| 27 | 1146 | YOUNG, JULIA | 36:19.5 | 36:19.5 | 37 | WILMINGTON | NC |
| 28 | 1152 | HALL, KRISTIN | 36:23.6 | 35:15.6 | 38 | CAROLINA BEACH | NC |

| Position | Bib # | Name | Official Time | Chip Time | Age | City | State |
|----------|-------|----------------------|---------------|-----------|-----|----------------|-------|
| 29 | 949 | JONES, KATE | 36:42.9 | 32:10.0 | 38 | SNEAKS FERRY | NC |
| 30 | 302 | GRAY, NICOLE | 36:44.0 | 36:44.0 | 39 | CAROLINA BEACH | NC |
| 31 | 793 | MALPASS, KIM | 37:04.1 | 32:51.9 | 35 | WILMINGTON | NC |
| 32 | 928 | HARRIS, KELLI | 37:10.1 | 36:53.4 | 39 | WILMINGTON | NC |
| 33 | 494 | CAPPS, TARA | 37:51.1 | 37:51.1 | 37 | HAMPSTEAD | NC |
| 34 | 563 | CAUSBY, KAAREN | 38:03.2 | 34:13.6 | 36 | WILMINGTON | NC |
| 35 | 894 | DUTTA, JEENA | 38:13.4 | 37:25.8 | 38 | RALEIGH | NC |
| 36 | 819 | BATSON, SAVANNAH | 38:14.1 | 35:32.8 | 39 | CAROLINA BEACH | NC |
| 37 | 943 | HUMPHREY, STEPHANIE | 38:34.9 | 38:02.0 | 38 | CAROLINA BEACH | NC |
| 38 | 1093 | WILCOX, CHRISTINE | 39:06.6 | 35:24.6 | 36 | WILMINGTON | NC |
| 39 | 1094 | WILCOX, CHRISTINE | 39:08.1 | 35:23.8 | 36 | WILMINGTON | NC |
| 40 | 917 | GUNN, ANGIE | 39:11.6 | 38:12.3 | 35 | GREENSBORO | NC |
| 41 | 499 | BONANNO, CARLA | 39:17.6 | 37:30.0 | 35 | WILMINGTON | NC |
| 42 | 795 | GURGANUS, CANDICE | 39:33.6 | 35:10.7 | 35 | WILMINGTON | NC |
| 43 | 498 | ANDERSON, HEATHER | 41:10.7 | 40:19.6 | 36 | WILMINGTON | NC |
| 44 | 460 | BUCHANAN, REBEKAH | 41:19.5 | 40:22.4 | 36 | WILMINGTON | NC |
| 45 | 844 | BROYHILL, CARRIE | 41:48.1 | 40:35.6 | 37 | WILMINGTON | NC |
| 46 | 567 | HANERFELD, SARAH | 41:53.7 | 39:26.0 | 35 | WILMINGTON | NC |
| 47 | 577 | YOUNG, AMANDA | 42:29.7 | 38:58.6 | 35 | WILMINGTON | NC |
| 48 | 1059 | SPENCER, NATALIE | 43:40.9 | 43:40.9 | 36 | WATHA | NC |
| 49 | 446 | ISLEY, APRIL | 43:47.4 | 43:06.3 | 35 | WILMINGTON | NC |
| 50 | 852 | BURNETTE, KRISTY | 44:07.7 | 38:47.1 | 36 | CASTLE HAYNE | NC |
| 51 | 690 | MCCORMICK, AMANDA | 44:20.4 | 43:47.0 | 36 | LELAND | NC |
| 52 | 497 | HONSINGER, CAROLYN | 44:31.1 | 44:31.1 | 36 | WILMINGTON | NC |
| 53 | 1062 | STOWE, JENNIFER | 46:02.7 | 45:14.2 | 38 | WILMINGTON | NC |
| 54 | 570 | PRATT, MEGAN | 46:43.0 | 43:42.0 | 37 | WILMINGTON | NC |
| 55 | 836 | BRAMHALL, CHRISSY | 47:16.4 | 47:16.4 | 39 | CAROLINA BEACH | NC |
| 56 | 677 | DEBOSE, TRACI | 48:04.9 | 48:04.9 | 39 | WILMINGTON | NC |
| 57 | 544 | BATTLE, JENNI | 48:15.2 | 45:53.4 | 35 | CAROLINA BEACH | NC |
| 58 | 427 | CARTER, BETHANN | 49:39.1 | 46:02.1 | 37 | BURGAW | NC |
| 59 | 796 | MILLEN, HEATHER | 51:37.8 | 47:14.9 | 37 | WILMINGTON | NC |
| 60 | 382 | MCHORNEY, MEGAN | 52:25.2 | 51:48.7 | 37 | CAROLINA BEACH | NC |
| 61 | 361 | OWEN, CYNTHIA | 52:48.5 | 51:28.8 | 37 | WILMINGTON | NC |
| 62 | 501 | FREYTAG, VICTORIA | 53:42.3 | 53:42.3 | 37 | WILMINGTON | NC |
| 63 | 765 | DONOVAN, ALLISON | 54:36.5 | 50:52.7 | 35 | WILMINGTON | NC |
| 64 | 571 | RUSSELL, KELLI | 54:37.4 | 50:51.1 | 36 | WILMINGTON | NC |
| 65 | 405 | SOBOTA, BABS | 56:00.6 | 56:00.6 | 39 | CAROLINA BEACH | NC |
| 66 | 1088 | WEBB, AIMEE | 58:35.7 | 55:18.7 | 37 | WILMINGTON | NC |
| 67 | 583 | HATFIELD, RACHEL | 59:09.8 | 59:09.8 | 38 | CAROLINA BEACH | NC |
| 68 | 378 | CONSEY, MAGGIE | 59:22.4 | 56:43.2 | 35 | HAMPSTEAD | NC |
| 69 | 380 | JONES, CHRISTINA | 1:00:07.6 | 55:33.8 | 38 | CAROLINA BEACH | NC |
| 70 | 933 | HAZELWOOD, BROOKE | 1:11:39.8 | 1:11:39.8 | 38 | CAROLINA BEACH | NC |
| 71 | 512 | SIMONE, BRIGITTE | 1:11:41.4 | 1:11:41.4 | 38 | CAROLINA BEACH | NC |
| 72 | 744 | HARTINGER, STEPHANIE | 1:17:26.3 | 1:15:45.1 | 39 | ROCKY POINT | NC |

5K FEMALE 40 - 44 - based on Gun Elapsed time

| | | | | | | | |
|----|------|----------------------|---------|---------|----|----------------|----|
| 1 | 710 | SANTUCCI, NIKKI | 25:12.8 | 25:10.2 | 44 | CAROLINA BEACH | NC |
| 2 | 897 | ELDRIDGE, DORI | 26:20.3 | 26:11.7 | 42 | HOPE MILLS | NC |
| 3 | 1164 | KINN, JEN | 28:34.5 | 28:08.8 | 44 | BURLINGTON | NC |
| 4 | 779 | JONES, CAREY | 28:37.0 | 28:17.6 | 42 | KURE BEACH | NC |
| 5 | 594 | STELLACCIO, MICHELLE | 29:04.5 | 29:04.5 | 42 | KURE BEACH | NC |
| 6 | 1137 | AIMONE, MEEGHAN | 30:26.3 | 28:29.3 | 40 | WILMINGTON | NC |
| 7 | 1072 | THOMPSON, TIFFANY | 30:35.1 | 30:02.4 | 41 | WILMINGTON | NC |
| 8 | 1054 | SLOVIK, JANE | 31:58.2 | 31:58.2 | 43 | LELAND | NC |
| 9 | 1009 | PENA, TRACY | 31:59.8 | 31:33.0 | 41 | CASTLE HAYNE | NC |
| 10 | 585 | SAWYER, AMY | 32:28.4 | 29:36.4 | 44 | CAROLINA BEACH | NC |
| 11 | 331 | MORINI, BERNADINE | 32:31.7 | 32:31.7 | 44 | CAROLINA BEACH | NC |
| 12 | 922 | HARK, DENISE | 32:35.6 | 31:40.0 | 42 | RALEIGH | NC |

| Position | Bib # | Name | Official Time | Chip Time | Age | City | State |
|----------|-------|-----------------------|---------------|-----------|-----|----------------|-------|
| 13 | 589 | WRAY, LAURA | 32:56.5 | 32:14.0 | 41 | LANCASTER | SC |
| 14 | 919 | HARDAWAY, MARTHA | 33:15.6 | 32:50.7 | 43 | BOONE | NC |
| 15 | 576 | SMITH, KRISTINE | 33:44.1 | 33:44.1 | 44 | WILMINGTON | NC |
| 16 | 606 | BRITT, NICOLE | 33:55.7 | 30:21.5 | 43 | WILMINGTON | NC |
| 17 | 1082 | VAKA, SHANNON | 34:00.4 | 33:11.3 | 43 | COLFAX | NC |
| 18 | 696 | JACKSON, DANA | 34:12.9 | 34:12.9 | 42 | CAROLINA BEACH | NC |
| 19 | 358 | MCGOWAN, SHELLY | 34:59.3 | 34:35.1 | 44 | WILMINGTON | NC |
| 20 | 363 | SNEEDEN, LESLEY | 35:04.3 | 34:27.0 | 44 | WILMINGTON | NC |
| 21 | 509 | CHISHOLM, SHERI | 35:04.8 | 34:19.2 | 42 | WILMINGTON | NC |
| 22 | 368 | VANSCOY, KELLI | 35:05.2 | 35:05.2 | 43 | CAROLINA BEACH | NC |
| 23 | 754 | JORDAN, AMY | 35:07.2 | 35:07.2 | 40 | CAROLINA BEACH | NC |
| 24 | 973 | MACCALUPO, DONNA | 35:20.3 | 32:57.2 | 41 | WILMINGTON | NC |
| 25 | 872 | COLLINS, JULIE | 35:43.5 | 34:47.9 | 43 | RALEIGH | NC |
| 26 | 708 | EPPERSON, MEGAN | 35:47.5 | 33:25.4 | 43 | HUNTERSVILLE | NC |
| 27 | 328 | LINQUIST, SHAWNNDY | 35:47.7 | 33:26.1 | 42 | CAROLINA BEACH | NC |
| 28 | 600 | CHALMERS, NICOLE | 35:49.8 | 30:37.0 | 43 | CAROLINA BEACH | NC |
| 29 | 867 | CLEMENT, BRETT | 36:00.1 | 36:00.1 | 44 | SUGAR GROVE | NC |
| 30 | 1180 | PECORI, STACY | 36:37.4 | 36:37.4 | 42 | LELAND | NC |
| 31 | 945 | JALOT, SUZANNE | 37:00.1 | 35:06.1 | 40 | WILMINGTON | NC |
| 32 | 966 | LILLEY, NATALIE | 37:01.3 | 35:10.2 | 41 | APEX | NC |
| 33 | 901 | EVERETT, MOREY | 37:01.3 | 35:10.6 | 41 | WILMINGTON | NC |
| 34 | 1038 | SARIKAYA, JALE | 37:08.9 | 36:16.0 | 43 | WILMINGTON | NC |
| 35 | 868 | COBB, JENNIFER | 37:24.2 | 35:45.3 | 44 | BRISTOL | VA |
| 36 | 564 | CROMARTIE, AMY | 37:44.8 | 34:26.6 | 41 | WILMINGTON | NC |
| 37 | 528 | KRIZNER, ANDREA | 38:04.8 | 37:30.8 | 42 | WILMINGTON | NC |
| 38 | 345 | FRAZIER, ASHLEIGH | 38:06.5 | 38:06.5 | 40 | WILMINGTON | NC |
| 39 | 335 | SANDERS, LISA | 38:18.4 | 38:18.4 | 43 | WILMINGTON | NC |
| 40 | 433 | ROYAL, ANGIE | 38:37.5 | 38:15.3 | 42 | WILMINGTON | NC |
| 41 | 439 | TAYLOR, AMY | 38:48.9 | 38:23.5 | 44 | CAROLINA BEACH | NC |
| 42 | 510 | DONAT, LILY | 39:01.9 | 34:59.3 | 42 | WILM | NC |
| 43 | 707 | BECKEN, NICOLE | 39:37.5 | 39:37.5 | 44 | KURE BEACH | NC |
| 44 | 443 | BROOKS, NATALIE | 41:00.1 | 41:00.1 | 40 | WILMINGTON | NC |
| 45 | 424 | SPURLEY, AMY | 42:53.6 | 42:23.5 | 43 | CAROLINA BEACH | NC |
| 46 | 888 | DORAN, KELLY | 43:54.5 | 43:54.5 | 43 | WILMINGTON | NC |
| 47 | 1193 | PAYNE, TONYA | 44:26.1 | 42:50.9 | 40 | WILMINGTON | NC |
| 48 | 811 | ALTEFDER, JILL | 44:51.5 | 44:51.5 | 41 | CHARLOTTE | NC |
| 49 | 329 | MARCUCILLI, BETH | 45:18.3 | 42:07.4 | 43 | WILMINGTON | NC |
| 50 | 1126 | BRADY, COLLEEN | 45:26.2 | 44:53.4 | 42 | WILMINGTON | NC |
| 51 | 341 | FORBES, ANGELA RITTER | 49:30.1 | 43:02.1 | 42 | WILMINGTON | NC |
| 52 | 502 | GORE, JENNIFER | 49:30.6 | 47:11.2 | 40 | LELAND | NC |
| 53 | 533 | DEL PIZZO, BRIDGETTE | 50:21.2 | 50:21.2 | 44 | WILMINGTON | NC |
| 54 | 492 | BERG, SHARON | 51:58.1 | 50:06.9 | 43 | HAMPSTEAD | NC |
| 55 | 804 | GROGAN, LISA | 56:16.3 | 54:42.8 | 44 | CAROLINA BEACH | NC |
| 56 | 1073 | MEGEE, MARY | 57:15.7 | 55:05.0 | 44 | WILMINGTON | NC |
| 57 | 674 | CLEARY, SARAH | 58:49.7 | 58:49.7 | 40 | WILMINGTON | NC |
| 58 | 561 | CARTER, TRICIA | 1:00:13.9 | 57:47.1 | 40 | JAMESTOWN | NC |
| 59 | 746 | MACKAY, DANA | 1:02:22.2 | 58:54.2 | 42 | CHARLOTTE | NC |
| 60 | 693 | STEELE, MICELLE | 1:10:21.7 | 1:05:01.0 | 44 | WILMINGTON | NC |
| 61 | 976 | MANDATO, LAURA | 1:17:32.4 | 1:11:09.2 | 44 | CAROLINA BEACH | NC |
| 62 | 769 | KOLENO, JOYCE | 1:17:49.0 | 1:12:18.2 | 42 | WILMINGTON | NC |

5K FEMALE 45 - 49 - based on Gun Elapsed time

| | | | | | | | |
|---|------|------------------|---------|---------|----|----------------|----|
| 1 | 713 | STEWART, AMY | 25:27.6 | 25:21.2 | 49 | WILMINGTON | NC |
| 2 | 339 | DOVE, KELLI | 27:01.4 | 26:29.5 | 45 | CAROLINA BEACH | NC |
| 3 | 413 | MCINTYRE, ELAINE | 28:03.4 | 27:50.3 | 47 | WILMINGTON | NC |
| 4 | 362 | RATCLIFF, KIM | 28:48.8 | 28:17.1 | 49 | WILMINGTON | NC |
| 5 | 885 | DEVLIN, JULIE | 29:24.2 | 29:24.2 | 45 | CAROLINA BEACH | NC |
| 6 | 1081 | TURNER, KRISTA | 30:20.1 | 30:02.2 | 48 | WILMINGTON | NC |

| Position | Bib # | Name | Official Time | Chip Time | Age | City | State |
|----------|-------|-----------------------|---------------|-----------|-----|----------------|-------|
| 7 | 934 | HERZOG, MELISSA | 31:21.5 | 29:51.2 | 47 | CAROLINA BEACH | NC |
| 8 | 698 | LANGHORST, CONNY | 31:41.6 | 31:19.4 | 48 | CAROLINA BEACH | NC |
| 9 | 712 | PIERCE, LEANN | 31:56.6 | 31:36.3 | 47 | CAROLINA BEACH | NC |
| 10 | 353 | KNIGHT, NATALIE | 32:45.4 | 32:13.0 | 46 | KURE BEACH | NC |
| 11 | 806 | HOLMES, JENNIFER | 32:54.0 | 32:33.3 | 45 | WILMINGTON | NC |
| 12 | 930 | HARRIS, STEPHANIE | 33:29.4 | 33:12.0 | 45 | WILMINGTON | NC |
| 13 | 1066 | SZWARKOP, CINDY | 35:36.9 | 35:15.5 | 48 | RALEIGH | NC |
| 14 | 360 | NEWMAN, REBECCA | 36:26.3 | 36:13.0 | 47 | WILMINGTON | NC |
| 15 | 401 | POWELL, SHARON | 36:39.1 | 36:08.1 | 47 | WILMINGTON | NC |
| 16 | 1013 | POSTEMSKI, SHARI | 37:14.9 | 37:14.9 | 48 | WILMINGTON | NC |
| 17 | 1109 | YOUNG, SUSAN | 37:28.1 | 37:00.6 | 49 | WILMINGTON | NC |
| 18 | 1092 | WHITE, KATHLEEN | 37:29.3 | 37:29.3 | 45 | WILMINGTON | NC |
| 19 | 1103 | WORTMAN, PAULA | 37:31.7 | 36:43.3 | 49 | STEVENSVILLE | MD |
| 20 | 1172 | TURNER, STEPHANIE | 37:46.5 | 37:01.7 | 46 | BURLINJAME | CA |
| 21 | 366 | TROUTWINE, KATHERINE | 37:52.9 | 37:19.7 | 47 | WILMINGTON | NC |
| 22 | 972 | LUCIDO, MICHELE | 38:30.9 | 38:01.9 | 47 | LELAND | NC |
| 23 | 843 | BROWN, SHELLI | 39:16.6 | 38:48.2 | 48 | WILMINGTON | NC |
| 24 | 428 | FAUST, BECKY | 40:49.2 | 40:00.2 | 49 | SOUTHPORT | NC |
| 25 | 1023 | RAYLE, KATHY | 41:03.0 | 41:03.0 | 46 | WILMINGTON | NC |
| 26 | 1098 | WINSTEAD, ALEXA | 41:14.1 | 40:21.7 | 45 | WILMINGTON | NC |
| 27 | 326 | LAVENGOOD, MELISSA | 41:58.6 | 38:15.5 | 49 | WILMINGTON | NC |
| 28 | 1056 | SMITH, JAMIE | 42:06.2 | 41:35.9 | 49 | HEBRON | NC |
| 29 | 445 | HEADRICK, KAREN | 43:45.6 | 43:45.6 | 45 | WILMINGTON | NC |
| 30 | 372 | WYNN, DANA | 44:10.8 | 43:27.3 | 48 | WILMINGTON | NC |
| 31 | 1154 | STYNCHULA, BETH | 44:58.1 | 43:24.9 | 49 | CAROLINA BEACH | NC |
| 32 | 516 | BROWNE, JENNIFER | 45:04.7 | 44:10.1 | 45 | CAROLINA BEACH | NC |
| 33 | 436 | STOUT, SHARON | 45:12.5 | 41:27.1 | 49 | CAROLINA BEACH | NC |
| 34 | 971 | LOWERY, LISA | 47:00.8 | 44:41.3 | 45 | CAROLINA BEACH | NC |
| 35 | 831 | BONNEY, HEATHER | 47:01.3 | 45:15.2 | 45 | CLINTON | NC |
| 36 | 505 | WHITE, LAURA | 48:10.5 | 45:50.2 | 49 | CAROLINA BEACH | NC |
| 37 | 879 | DAVENPORT, KAY | 48:24.1 | 46:16.8 | 45 | CLAYTON | NC |
| 38 | 826 | BLACKMAR, TORREY | 49:14.1 | 47:03.8 | 47 | CLAYTON | NC |
| 39 | 1080 | TUGWELL, POPPY | 49:34.3 | 48:36.0 | 48 | KURE BEACH | NC |
| 40 | 370 | WILSON, JINJUR | 50:21.3 | 50:21.3 | 47 | CAROLINA BEACH | NC |
| 41 | 726 | MCHALE, JEANNE | 50:47.7 | 48:53.2 | 49 | MARRIOTTSVILLE | MD |
| 42 | 597 | BOWLES, LORI | 57:34.7 | 52:17.7 | 45 | CAROLINA BEACH | NC |
| 43 | 717 | JACKSON, JENEL | 58:03.6 | 58:03.6 | 46 | WILMINGTON | NC |
| 44 | 529 | MCLAMB, LYNNE | 59:15.7 | 59:15.7 | 48 | CAROLINA BEACH | NC |
| 45 | 997 | OCCHIPINTI, KATHERINE | 59:51.9 | 55:53.6 | 45 | RALEIGH | NC |
| 46 | 1005 | PARKER, STEPHANIE | 59:52.4 | 55:53.1 | 45 | WINSTON-SALEM | NC |
| 47 | 490 | WALTERS, CHRISA | 1:00:01.9 | 55:30.0 | 45 | WILMINGTON | NC |
| 48 | 340 | FARMER, JANET | 1:00:07.9 | 55:34.0 | 48 | WILMINGTON | NC |
| 49 | 520 | O'CONNOR, MARISOL | 1:02:18.2 | 1:02:18.2 | 49 | CAROLINA BEACH | NC |
| 50 | 1173 | AMSOY, DIANA | 1:05:21.8 | 1:01:55.6 | 46 | CAROLINA BEACH | NC |
| 51 | 926 | HARRIS, JENNI | 1:08:15.8 | 1:05:21.1 | 48 | WILMINGTON | NC |
| 52 | 821 | BEAVERS, LISA | 1:09:13.9 | 1:04:09.8 | 46 | JACKSONVILLE | NC |
| 53 | 375 | BRADFORD, PAULA | 1:09:30.4 | 1:05:07.6 | 45 | WILMINGTON | NC |

5K FEMALE 50 - 54 - based on Gun Elapsed time

| | | | | | | | |
|---|------|-------------------|---------|---------|----|----------------|----|
| 1 | 758 | FORD, KELLI | 28:35.3 | 27:12.7 | 52 | WILMINGTON | NC |
| 2 | 1004 | PARKER, DIANE | 28:53.7 | 28:44.1 | 51 | WILMINGTON | NC |
| 3 | 661 | CAROSELLI, MIKKI | 29:52.2 | 29:28.9 | 50 | CAROLINA BEACH | NC |
| 4 | 408 | BICKEL, TRACY | 30:38.0 | 30:38.0 | 52 | WILMINGTON | NC |
| 5 | 472 | HASKINS, LORI | 30:55.4 | 30:18.5 | 52 | WILMINGTON | NC |
| 6 | 756 | HIGHSMITH, JOSIE | 30:57.7 | 30:14.1 | 53 | LELAND | NC |
| 7 | 909 | GOLDGEIER, EILEEN | 31:40.4 | 30:55.6 | 52 | RALEIGH | NC |
| 8 | 1181 | SULLIVAN, SANDI | 32:01.0 | 31:38.2 | 50 | CAROLINA BEACH | NC |
| 9 | 586 | VEALS, BEV | 32:26.0 | 29:35.8 | 52 | CAROLINA BEACH | NC |

| Position | Bib # | Name | Official Time | Chip Time | Age | City | State |
|----------|-------|----------------------|---------------|-----------|-----|----------------|-------|
| 10 | 633 | ROGGE, TERI JO | 32:30.9 | 32:01.1 | 53 | CAROLINA BEACH | NC |
| 11 | 963 | LEONARD, LISA | 33:11.0 | 32:34.9 | 53 | CAROLINA BEACH | NC |
| 12 | 876 | CONGER, PATRICIA | 33:59.0 | 33:59.0 | 54 | GOLDSBORO | NC |
| 13 | 535 | GOZA, MONICA | 34:45.5 | 33:16.3 | 53 | WILMINGTON | NC |
| 14 | 637 | BERG, RACHEL | 35:02.9 | 34:49.3 | 50 | CAROLINA BEACH | NC |
| 15 | 611 | ADDINGTON, CHRISTINE | 36:09.9 | 36:09.9 | 54 | CAROLINA BEACH | NC |
| 16 | 377 | HENNES, SARAH | 36:52.0 | 32:33.1 | 51 | WILMINGTON | NC |
| 17 | 1031 | ROE, GRETCHEN | 36:55.1 | 36:26.0 | 53 | RALEIGH | NC |
| 18 | 703 | BUSOVNE, NANCY | 37:18.3 | 36:11.1 | 53 | CAROLINA BEACH | NC |
| 19 | 638 | COCHRAN, BETH | 37:34.8 | 36:24.8 | 51 | CARY | NC |
| 20 | 1116 | OBRIEN, RENEE | 37:48.2 | 37:48.2 | 53 | KURE BEACH | NC |
| 21 | 650 | PRYOR, SHARON | 38:46.1 | 38:36.7 | 51 | BLUE RIDGE | VA |
| 22 | 602 | VASQUEZ, MAUREEN | 39:18.8 | 37:31.9 | 50 | CAROLINA BEACH | NC |
| 23 | 532 | ARNOLD, TRISH | 39:20.4 | 37:51.8 | 53 | WILMINGTON | NC |
| 24 | 618 | SUTERA, NANCY | 39:41.0 | 38:52.7 | 54 | WILMINGTON | NC |
| 25 | 518 | KOETH, LORETTA | 41:05.4 | 40:07.9 | 53 | WILMINGTON | NC |
| 26 | 715 | KIRTRIGHT, LISA | 41:21.8 | 40:45.7 | 52 | KURE BEACH | NC |
| 27 | 683 | ANNIS, MARGIE | 43:30.9 | 38:16.2 | 53 | WILMINGTON | NC |
| 28 | 442 | BLAINE, JEANNETTE | 43:46.3 | 42:00.3 | 50 | WILMINGTON | NC |
| 29 | 672 | SPHAR, MELANIE | 43:57.2 | 43:10.7 | 53 | WILMINGTON | NC |
| 30 | 771 | HARTSFIELD, RITA | 47:14.7 | 46:27.4 | 52 | CAROLINA BEACH | NC |
| 31 | 736 | HUSKEY, ANGELA | 49:30.6 | 47:22.3 | 54 | WILMINGTON | NC |
| 32 | 536 | GUIN, MARY | 50:13.7 | 50:13.7 | 51 | WILMINGTON | NC |
| 33 | 1087 | WEATHERS, MARY | 50:23.6 | 48:34.5 | 54 | DURHAM | NC |
| 34 | 1061 | STOKES, PAMELA | 52:54.8 | 47:42.2 | 51 | GOLDSBORO | NC |
| 35 | 500 | FLUTA, KATHY | 53:42.3 | 51:33.8 | 51 | WILMINGTON | NC |
| 36 | 944 | IRWIN, HOLLY | 54:51.8 | 53:14.6 | 53 | CHINA GROVE | NC |
| 37 | 1118 | POWELL, SONJA | 54:59.0 | 54:59.0 | 52 | CAROLINA BEACH | NC |
| 38 | 1091 | WEST, SHERRYL | 56:08.1 | 53:24.5 | 54 | MONROE | NC |
| 39 | 379 | JOHNS, STACEY | 59:18.7 | 56:38.5 | 52 | KNIGHTDALE | NC |
| 40 | 770 | SALIBA, TERRI | 1:06:45.0 | 1:06:45.0 | 53 | CAROLINA BEACH | NC |
| 41 | 691 | BOZART, TAMMY | 1:10:21.6 | 1:04:53.8 | 50 | CAROLINA BEACH | NC |
| 42 | 1043 | SCUDELLA, DAWN | 1:12:32.1 | 1:08:19.9 | 51 | WILMINGTON | NC |

5K FEMALE 55 - 59 - based on Gun Elapsed time

| | | | | | | | |
|----|------|---------------------|---------|---------|----|----------------|----|
| 1 | 1075 | TRAPP, CHERYL | 25:06.2 | 25:02.1 | 55 | WILMINGTON | NC |
| 2 | 965 | LEVESQUE, KARIN | 27:43.0 | 26:52.2 | 58 | FAYETTEVILLE | NC |
| 3 | 805 | JONES, LAURIE | 30:07.9 | 29:54.6 | 56 | WINSTON-SALEM | NC |
| 4 | 1115 | JAMES, LISA | 31:03.6 | 30:57.3 | 56 | LELAND | NC |
| 5 | 582 | DORAN, CYNTHIA | 32:44.9 | 32:36.5 | 59 | KURE BEACH | NC |
| 6 | 902 | EXUM, APRIL | 33:18.6 | 33:18.6 | 55 | KINSTON | NC |
| 7 | 920 | HARDY, BECKY HARDY | 33:27.2 | 32:41.0 | 58 | KURE BEACH | NC |
| 8 | 639 | COULSON, LINDA | 33:27.9 | 33:27.9 | 58 | CAROLINA BEACH | NC |
| 9 | 1034 | RUTH, KRISTY | 34:57.5 | 34:57.5 | 55 | STATESVILLE | NC |
| 10 | 913 | GRAINGER, LEIGH | 35:28.3 | 35:28.3 | 56 | LILLINGTON | NC |
| 11 | 880 | DAVIDSON, KATHERINE | 36:21.8 | 35:00.6 | 58 | MOORESVILLE | NC |
| 12 | 547 | BATTLE, CAROLENE | 37:42.4 | 37:01.4 | 59 | WILLIAMSTON | NC |
| 13 | 616 | KERR, MARY | 42:19.5 | 39:33.7 | 55 | WILMINGTON | NC |
| 14 | 503 | LEVESQUE, KATHLEEN | 42:27.1 | 40:19.6 | 58 | WILMINGTON | NC |
| 15 | 347 | HOPPER, DEBBIE | 44:09.6 | 43:27.8 | 55 | WILMINGTON | NC |
| 16 | 874 | COLLINS, MICHELLE | 45:48.0 | 42:52.2 | 55 | HOLLY SPRINGS | NC |
| 17 | 974 | MALLARD, JEANETTE | 46:22.1 | 45:13.9 | 55 | WILMINGTON | NC |
| 18 | 1074 | TRACHTENBERG, BETH | 47:15.0 | 44:49.3 | 55 | KURE BEACH | NC |
| 19 | 704 | GAYFORD, BRENDA | 48:45.7 | 47:41.0 | 56 | KURE BEACH | NC |
| 20 | 906 | GAUSE, SHARON | 49:48.0 | 49:48.0 | 59 | CASTLE HAYNE | NC |
| 21 | 609 | STOKES, ELSE | 50:40.3 | 46:57.6 | 56 | WILMINGTON | NC |
| 22 | 764 | EGERER, SILVIA | 53:32.9 | 48:26.1 | 58 | WILMINGTON | NC |
| 23 | 549 | CRAIG, SHIRLEY | 54:16.3 | 53:13.0 | 55 | CAROLINA BEACH | NC |

| Position | Bib # | Name | Official Time | Chip Time | Age | City | State |
|----------|-------|-------------------|---------------|-----------|-----|----------------|-------|
| 24 | 817 | BASINGER, GREG | 58:27.6 | 58:27.6 | 59 | CAROLINA BEACH | NC |
| 25 | 321 | HESTER, MARY KAYE | 1:05:21.9 | 1:01:57.1 | 56 | CAROLINA BEACH | NC |
| 26 | 473 | HEUGEL, KIM | 1:07:27.9 | 1:02:13.5 | 57 | MOREHEAD CITY | NC |
| 27 | 635 | ATKINSON, DEBBIE | 1:08:11.0 | 1:03:03.3 | 57 | RALEIGH | NC |
| 28 | 692 | NEMETH, REBECCA | 1:13:53.3 | 1:08:28.2 | 58 | CAROLINA BEACH | NC |

5K FEMALE 60 - 64 - based on Gun Elapsed time

| | | | | | | | |
|----|------|--------------------|-----------|-----------|----|----------------|----|
| 1 | 657 | SMITH, MARY | 30:10.8 | 30:05.3 | 63 | CAROLINA BEACH | NC |
| 2 | 601 | BETZ, DAWN | 32:17.4 | 32:07.0 | 60 | CAROLINA BEACH | NC |
| 3 | 936 | HIGGINS, CHRISTINE | 33:17.3 | 32:26.0 | 61 | CAROLINA BEACH | NC |
| 4 | 778 | CAPRIO, DIANNE | 33:34.4 | 33:11.9 | 60 | WILMINGTON | NC |
| 5 | 1058 | SODERBERG, EILEEN | 34:59.6 | 34:42.7 | 64 | OAK ISLAND | NC |
| 6 | 462 | CARROLL, DONNA | 36:33.1 | 36:33.1 | 60 | GIBSONVILLE | NC |
| 7 | 537 | KREUL, ANN | 36:44.9 | 36:44.9 | 60 | WILMINGTON | NC |
| 8 | 1182 | STEFANOVICH, JULIE | 37:11.2 | 37:03.3 | 61 | KURE BEACH | NC |
| 9 | 539 | PLUNKETT, DEBBIE | 38:01.3 | 36:31.1 | 63 | WILMINGTON | NC |
| 10 | 1002 | PARE, MICHELLE | 38:22.2 | 37:50.5 | 62 | BURGAW | NC |
| 11 | 839 | BREZNAY, MARYA | 39:15.0 | 38:48.5 | 61 | WILMINGTON | NC |
| 12 | 988 | MOLL, CATHY | 40:38.2 | 38:33.8 | 62 | WILMINGTON | NC |
| 13 | 648 | PICCININ, LINDA | 44:06.7 | 43:52.4 | 62 | CAROLINA BEACH | NC |
| 14 | 993 | NANCE, SHARON | 46:09.1 | 44:32.8 | 60 | WALNUT COVE | NC |
| 15 | 818 | BASINGER, SUE | 50:47.1 | 50:47.1 | 64 | CAROLINA BEACH | NC |
| 16 | 1178 | GOINS, ANNE | 53:35.0 | 52:53.2 | 60 | WILMINGTON | NC |
| 17 | 614 | HOLDEN, MELISSA | 1:02:05.6 | 1:00:55.9 | 62 | WILMINGTON | NC |
| 18 | 714 | GREENE, ANN | 1:09:32.8 | 1:05:09.5 | 61 | WILMINGTON | NC |
| 19 | 889 | DOWD, ELEANOR | 1:32:07.4 | 1:32:07.4 | 62 | LELAND | NC |

5K FEMALE 65+ - based on Gun Elapsed time

| | | | | | | | |
|---|------|-------------------|---------|---------|----|----------------|----|
| 1 | 1177 | HAMMETT, KATHLEEN | 38:55.9 | 38:12.5 | 70 | CLEVELAND | OH |
| 2 | 1086 | WALTON, MARGARET | 40:12.7 | 39:55.4 | 66 | CAROLINA BEACH | NC |
| 3 | 686 | CARLSON, LINDA | 40:34.0 | 40:06.9 | 67 | CAROLINA BEACH | NC |
| 4 | 1040 | SAY, CHRISTIA | 43:33.7 | 43:15.7 | 66 | CAROLINA BEACH | NC |
| 5 | 915 | GRINNELL, MARY | 45:43.3 | 44:47.7 | 68 | CAROLINA BEACH | NC |
| 6 | 702 | BLISH, CHRIS | 48:44.9 | 47:41.0 | 66 | KURE BEACH | NC |